

Pos	Num	Name	Cat	Club	Time
1	395	James Titmuss	M	Pudsey & Bramley	39.48
2	424	Paul Crabtree	M40	Wharfedale Harriers	40.49
3	382	Helen Finnes	F	Vegan Runners	41.52
4	409	Harry Dalby	M	Pudsey & Bramley	42.25
5	420	Andrew Orr	M40	Clayton Harriers	42.3
6	417	Andrew Priory	M40	Accrington RR	42.39
7	406	Barry Awan	M40	Team Bath AC	42.42
8	402	Glen Goodwin	M40	Accrington RR	42.48
9	392	Neil Haraiman	M40	Clayton Harriers	42.57
10	396	Brian Horrocks	M50	Clayton Harriers	43.11
11	430	Brian Shaw	M40	Darwen Dashers	43.41
12	374	Ivan Whigham	M50	Clayton Harriers	44.14
13	403	Declan O' Duffy	M50	Bowland	44.15
14	398	Sam Dalby	M	Unattached	44.16
15	423	Mick Dobson	M40	Clayton Harriers	44.41
16	408	Joel Dalby	M	Skipton AC	44.45
17	433	Michael Bigmore	M40	Unattached	44.5
18	419	Peter Booth	M60	Clayton Harriers	44.55
19	401	Shaun Addison	M50	Helm Hill	45.19
20	447	Angus Robinson	M40	GM	45.48
21	375	Oliver Heaton	M	Unattached	45.52
22	428	Andrew Lee	M40	Rossendale Harriers	46.04
23	407	Dick Ballantine	M40	Keighley & Craven AC	46.09
24	405	Ralph Baines	M40	Clayton Harriers	46.13
25	413	Tony Thornton	M40	Settle Harriers	46.18
26	445	Simon Kelly	M	Unattached	46.21
27	450	Mark Bourgeois	M40	Ilkley Harriers	46.42
28	380	Peter Hill	M50	Pudsey & Bramley	46.46
29	383	Adam Lucas	M	Unattached	46.54
30	438	Mark Nutter	M50	Clayton Harriers	47.15
31	384	Duncan Forrest	M40	Bury AC	47.23
32	422	David Naylor	M50	Clayton Harriers	48.13
33	411	Peter Jackson	M50	Wharfedale Harriers	48.22
34	427	Graham Kay	M	FRA	48.24
35	434	John Thompson	M50	Wharfedale Harriers	48.26
36	431	Scott Davies	M40	Wharfedale Harriers	48.29
37	404	John Thompson	M40	Newburgh Nomads	48.51
38	377	Richard Bellaries	M50	Clayton Harriers	49.02
39	441	Gary Balmer	M40	Clayton Harriers	49.27
40	397	David Horrocks	M50	Clayton Harriers	49.29
41	394	David Emmerson	M50	Unattached	49.36
42	400	Nigel Hodson	M40	Clayton Harriers	49.39
43	381	Martin Farrar	M40	SKYRAC	49.41
44	442	Richard Briscoe	M	Clayton Harriers	49.46
45	418	Martin Hancock	M40	Skipton AC	49.48
46	389	Ian Smith	M60	Bolton AC	49.52
47	437	Mark Culshaw	M40	Newburgh Nomads	49.54
48	410	Graham Barnes	M50	Unattached	50.35
49	451	Ian Taylor	M	Unattached	51.01

50	432	Glen Whittaker	M40	Wharfedale Harriers	51.09
51	443	Colin Gilmour	M50	Unattached	51.16
52	399	Martin Brady	M50	Clayton Harriers	51.59
53	436	Nigel Dewhurst	M50	Unattached	52.2
54	429	Jacqueline Shaw	F40	Darwen Dashers	53.38
55	414	Harry Jackson	M50	Wharfedale Harriers	53.51
56	378	John Lee	M50	Rossendale Harriers	54.25
57	393	Barbara Savage	F40	Clayton Harriers	54.27
58	435	Linda Lord	F60	Clayton Harriers	54.35
59	391	Paul Alkinson	M40	Unattached	54.4
60	444	Emma Taylor	F	Clayton Harriers	55.02
61	439	Wayne McIntosh	M	Clayton Harriers	55.09
62	412	Martin O'Riley	M	Unattached	55.17
63	386	Steve Hunn	M50	Skipton AC	55.46
64	421	Jean Rawlinson	F60	Clayton Harriers	56.49
65	379	Nigel Brady	M40	Bury AC	57.07
66	415	Claire O'Rourke	F	Unattached	57.39
67	385	Paul Swyers	M40	Unattached	57.43
68	446	Joseph Keane	M	Unattached	58.43
69	388	Doug Monroe	M60	Clayton Harriers	59.16
70	448	Michael Frost	M50	Clayton Harriers	59.21
71	449	Anil Bose	M50	Newburgh Nomads	60.33
72	426	Robert Hirst	M60	Clayton Harriers	62.13
73	416	Martin O'Rourke	M50	Clayton Harriers	62.35
74	390	Gerry Sumner	M50	Unattached	63.29
75	440	Jim Rowe	M50	Rossendale Harriers	65.2
76	376	Phil Martin	M70	Bowland	65.32
77	425	Georg Arnold	M70	Preston Harriers	66.48
78	387	Don Buffham	M50	Otley AC	67.58
79	452	Chris Vaeques	M	Unattached	79.12