

## HM

Calum James	M	60.57	Calderdale Valley Country	30-Mar	60.57
Kevin Davies	M55	64.15	St. Annes 10	10-Feb	60.58
Luke Turner	M	68.02	Rivington 10 Mile	08-Apr	68.02
Michael Hogan	M40	68.56	St. Annes 10	10-Feb	64.28
John Wilcock	M50	69.49	Caldervale 10 miles	30-Mar	74.48
David Moynihan	M50	74.34	Caldervale 10 miles	30-Mar	74.34
Stephen Biscomb	M60	76.05	Sweatshop 10 miles	18-Mar	69.22
Alan Archer	M40	78.55	Thirsk 10	08-Apr	78.55
Joanne Motley	F	80.58	St. Annes 10	28-Jan	80.58
Donna Airey	F	85.14	Rivington 10 Mile	08-Apr	73.16
Martin Brady	M50	88.33	Terry Nortley 10 mile trail race	25-Feb	74.02
Danny Pilkinton	M	99.11	Caldervale 10 miles	30-Mar	95.22
Lisa Ellis	F35	102.41	Rivington 10 Mile	08-Apr	102.41
Lucy Scott	F	104.41	Rivington 10 Mile	08-Apr	87.29
Angela Shian	F	110.54	Rivington 10 Mile	08-Apr	81.25
Name	Cat	H/M	Where	Date	PB
David Bagot	M	1.17.33	Leeds Marathon	13-May	1.25.57
Calum James	M	1.18.53	Blackpool H/M	18-Feb	1.18.53
David Motley	M	1.21.12	Blackpool H/M	18-Feb	1.21.46
Mark Magee	M	1.23.35	Anglesey H/M	05-Mar	
Kevin Davies	M55	1.23.50	Brass Monkey	18-Feb	1.20 .54
Russell Clarke	M	1.27.38	Wirral Trail H/M	18-Feb	1.26.19
Luke Turner	M	1.30.32	Hendon Brook	08-Jul	
Andrew N. Orr	M45	1.32.37	Darwen H/M	25-Mar	
James Boulton	M	1.33.49	Darwen H/M	25-Mar	1.37.29
Paul Foster	M50	1.36.06	Blackpool H/M	18-Feb	
Robert Morrison	M45	1.36.56	Darwen H/M	25-Mar	93.09
Andrew Ramsbottom	M	1.40.30	Manchester Run Half Marathon	20-May	1.42.42
Colin White	M45	1.42.02	Central Lancashire	07-Jan	
David Naughton	M55	1.42.42	Hendon Brook	08-Jul	
Colin White	M40	1.42.43	Central Lancaster	07-Jan	1.37.01
Mick Hughes	M40	1.43.47	Darwen H/M	25-Mar	1.43.47
Jeffrey Pickup	M65	1.44.40	Blackpool Festival of Running Half Marathon	22-Apr	96.52
David Moynihan	M50	1.45.03	Darwen H/M	25-Mar	
Jonathan Pye	M	1.45.22	Hendon Brook	08-Jul	
Gareth Berry	M40	1.46.49	Hendon Brook	08-Jul	
Alan Archer	M55	1.47.18	Darwen H/M	25-Mar	
Michael O'Donnell	M40	1.47.36	Hendon Brook	08-Jul	
John Wilcock	M55	1.47.59	Hendon Brook	08-Jul	1.33.01
John Roche	M55	1.48.42	Hendon Brook	08-Jul	1.24.10
Joanne Motley	F35	1.50.43	Blackpool H/M	18-Feb	1.50.43
James Dunderdale	M	1.51.01	Hendon Brook	08-Jul	94.00
Chris Funnell	M50	1.51.52	Hendon Brook	08-Jul	
Christopher Lawrence	M50	1.52.11	Darwen H/M	25-Mar	1.47.07
Teresa De Curtis	F45	1.52.42	Inskip H/M	22-Jan	
Thomas Walker	M	1.53.30	Hendon Brook	08-Jul	
Paul Hesketh	M50	1.53.42	Hendon Brook	08-Jul	1.21.54
Ryan Bradshaw	M	1.53.51	Hendon Brook	08-Jul	
Andrew Foster	M50	1.54.00	Hendon Brook	08-Jul	
Tracy Mitchell	F45	1.54.12	Wilmslow Half Marathon	24-Jun	
Rhiannon Wickham	F	1.56.41	Hendon Brook	08-Jul	
Sarah Angelone	F	1.56.49	Hendon Brook	08-Jul	99.30
Andrew Webster	M45	1.58.00	Hendon Brook	08-Jul	1.43.15
Stephen Ainsworth	M60	1.58.05	Hendon Brook	08-Jul	
Claire Vincent	F	1.58.30	Hendon Brook	08-Jul	

Donna Airey	F35	2.00.43	Hendon Brook	08-Jul	96.46
Mark Knowles	M40	2.01.11	Blackpool H/M	18-Feb	1.58.30
Geoffrey Smith	M40	2.02.06	Darwen H/M	25-Mar	1.43.50
Justin Edwards	M40	2.02.25	Hendon Brook	08-Jul	
Craig Nicholls	M40	2.03.42	Hendon Brook	08-Jul	
Andy Quinn	M45	2.03.56	Hendon Brook	08-Jul	1.43.41
Irene Roche	F55	2.06.16	Hendon Brook	08-Jul	1.41.38
Paul Shackleton	M50	2.06.16	Hendon Brook	08-Jul	
Richard Briscoe	M	2.07.26	Hendon Brook	08-Jul	
Martin Brady	M55	2.12.19	Hendon Brook	08-Jul	1.47.40
Jean Knightley	F55	2.14.46	Hendon Brook	08-Jul	
Lisa Ellis	F35	2.15.16	Hendon Brook	08-Jul	
Michelle Abbot	F35	2.16.34	Hendon Brook	08-Jul	1.43.09
Cassandra Darling-Smedley	F35	2.17.00	Hendon Brook	08-Jul	
Carl Carey	M45	2.17.18	Hendon Brook	08-Jul	2.08.35
Gary Moore	M45	2.17.28	Hendon Brook	08-Jul	
Alan Clarkson	M60	2.19.00	Hendon Brook	08-Jul	84.22
Geraldine Varley	F55	2.22.19	Rock 'n' Roll Liverpool Half Marathon	20-May	1.51.18
Julia Taylor	F55	2.22.26	Rock 'n' Roll Liverpool Half Marathon	20-May	
Martin Griffin	M50	2.28.53	Hendon Brook	08-Jul	
Rachel Gilmore	F45	2.32.53	Hendon Brook	08-Jul	
Julia Rushton	F50	2.40.47	Hendon Brook	08-Jul	1.55.37
Lucy Scott	F	2.40.48	Hendon Brook	08-Jul	1.57.07
Bethany Quinn	FJ	2.42.42	Hendon Brook	08-Jul	
Tracy Plant	F35	2.44.39	Rock 'n' Roll Liverpool Half Marathon	19-May	2.10.20
Christine Leathley	F65	2.44.46	Hendon Brook	08-Jul	
Jane Hylands	F45	2.44.50	Hendon Brook	08-Jul	1.53.27
Rebecca Bradshaw	F	2.45.54	Hendon Brook	08-Jul	
Karen Clarkin	F45	2.48.04	Hendon Brook	08-Jul	2.14.49
Helen Harrison	F50	2.48.16	Hendon Brook	08-Jul	2.14.07
Ian J.Hargreaves	M55	2.49.08	Hendon Brook	08-Jul	1.56.34
Danny Pilkinton	M40	2.50.58	Hendon Brook	08-Jul	
Sharon Wilson	F40	3.11.00	Hendon Brook	08-Jul	