

## Best 10 Mile Performance 2017

<u>Position</u>	<u>Athlete</u>	<u>Category</u>	<u>Date</u>	<u>Event</u>	<u>Time</u>	<u>Best 2016</u>
1	Richard Stevenson	M40-44	14-Apr	Vale Country 10 Miler	1.02.06	1.01.14
2	Jonathan Pye	M25-29	09-Apr	3 Villages 10 Miler	1.08.00	-
<b>1</b>	<b>Elizabeth Mullan</b>	<b>W30-34</b>	<b>11-Mar</b>	<b>Sweatshop Blackpool 10 Miler</b>	<b>1.10.46</b>	<b>1.12.46</b>
3	Stephen Biscomb	M60-64	11-Mar	Sweatshop Blackpool 10 Miler	1.11.19	1.12.46
4	James Dunderdale	M35-39	11-Mar	Sweatshop Blackpool 10 Miler	1.15.48	-
5	Adam Stephenson	M35-39	11-Mar	Sweatshop Blackpool 10 Miler	1.16.08	1.17.40
6	Brian Wildman	M50-54	14-Apr	Vale Country 10 Miler	1.22.53	-
<b>2</b>	<b>Lucy Scott</b>	<b>W30-34</b>	<b>11-Mar</b>	<b>Sweatshop Blackpool 10 Miler</b>	<b>1.27.29</b>	-