

Best Half Marathon Performance 2016

<u>Pos</u>	<u>Athlete</u>	<u>Category</u>	<u>Date</u>	<u>Event</u>	<u>Best Time</u>
1	Jacob Watson	M30-34	16-Oct	Manchester Half	1.17.33
2	Andrew stubbs	M45-49	19-Jun	Freckleton Half Marathon	1.17.50
3	Richard Stevenson	M40-44	16-Oct	Manchester Half	1.19.50
4	Jonathan Cleaver	M35-39	16-Oct	Manchester Half	1.21.58
5	Kevin Davies	M50-54	06-Mar	Hawes Half Marathon	1.27.58
6	Matthew Duckworth	M25-29	15-May	Chester Half Marathon	1.28.25
7	Daniel Isherwood	M35-39	18-Sep	Lancaster Castle Half	1.28.26
8	Daniel Plant	M30-34	16-Oct	Manchester Half	1.29.29
9	Dave Motley	M30-34	03-Apr	Darwen Heritage	1.29.31
10	John Hartley	M55-59	21-Feb	Great North West Half	1.30.18
11	Paul Hesketh	M50-54	21-Feb	Great North West Half	1.30.53
12	Colin Shuttleworth	M55-59	08-May	Leeds Half Marathon	1.31.35
13	James Boulton	M20-24	16-Oct	Manchester Half	1.33.07
14	Robert Morrison	M40-44	16-Oct	Manchester Half	1.33.09
15	Robert Kay	M45-49	24-Apr	Blackpool Half Marathon	1.33.27
1	Donna Airey	W35-39	16-Oct	Manchester Half	1.36.49
2	Elizabeth Mullan	W30-34	02-Oct	West Coast Half Marathon	1.38.58
16	Colin White	M40-44	16-Oct	Manchester Half	1.39.16
3	Amanda Duffy	W35-39	16-Oct	Manchester Half	1.39.31
17	John Wilcock	M50-54	04-Sep	Garstang Half Marathon	1.39.39
18	Richard Briscoe	M35-39	03-Apr	Darwen Heritage	1.39.40
19	Nick Roscoe	M45-49	11-Sep	Great North Run	1.40.20
20	Andrew Armstrong	M45-49	16-Jul	Pendle Family Festival	1.40.58
21	Adam Stephenson	M35-39	02-Oct	West Coast Half Marathon	1.42.06
22	Richard John	M35-39	06-Mar	Hawes Half Marathon	1.42.19
23	Geoff Smith	M40-44	02-Oct	West Coast Half Marathon	1.43.49
24	Andrew Webster	M45-49	03-Apr	Darwen Heritage	1.44.02
25	Alun Hall	M55-59	11-Sep	Great North Run	1.45.58
26	Carl Dale	M30-34	26-Jun	Swansea Half Marathon	1.46.13
27	Tony Pilling	M50-54	21-Aug	Fleetwood Half Marathon	1.48.25
28	Stuart Proctor	M35-39	04-Sep	Garstang Half Marathon	1.49.31
29	Martin Brady	M50-54	03-Apr	Darwen Heritage	1.50.16
4	Joanne Bennett	W45-49	29-May	Liverpool Half Marathon	1.51.18
5	Lynsey Birtwistle	W35-39	21-Feb	Great North West Half	1.52.38
30	Mick Hughes	M40-44	11-Sep	Great North Run	1.53.22
6	Jane Hylands	W40-44	13-Mar	Liverpool Half Marathon	1.53.27
7	Janine Pollard	W45-49	29-May	Liverpool Half Marathon	1.53.59
8	Angela Shian	W35-39	03-Apr	Darwen Heritage	1.54.35
9	Vicky Heys	W45-49	03-Apr	Darwen Heritage	1.54.35
10	Nerina Gill	W45-49	03-Apr	Darwen Heritage	1.54.54
31	Ian Hargreaves	M50-54	20-Nov	Conwy Half Marathon	1.56.34
11	Julia Rushton	W50-54	03-Apr	Darwen Heritage	1.56.55
12	Leanne Cottam	W35-39	29-May	Liverpool Half Marathon	1.59.05
32	Justin Birtwistle	M40-44	21-Feb	Great North West Half	2.01.11
13	Lisa Ellis	W30-34	16-Oct	Manchester Half	2.01.42
33	Lee Moore	M35-39	03-Apr	Darwen Heritage	2.08.16
34	Carl Carey	M45-49	29-May	Liverpool Half Marathon	2.08.35
14	Deborah Greenwood	W45-49	29-May	Liverpool Half Marathon	2.14.38
15	Karen Clarkin	W40-44	29-May	Liverpool Half Marathon	2.14.49
16	Hayley Copeman	W45-49	11-Sep	Great North Run	2.20.45
17	Helen Harrison	W45-49	11-Sep	Great North Run	2.20.45
18	Judith Carey	W35-39	29-May	Liverpool Half Marathon	2.22.13
35	Mark Knowles	M40-44	11-Sep	Great North Run	2.24.41
36	Phillip Naylor	M35-39	03-Apr	Darwen Heritage	2.24.47
37	Graham Kissack	M65-69	11-Sep	Great Langdale Half	2.58.51