

HARRIER NEWS



The Clayton Harrier Newsletter

www.clayton-le-moors-harriers.co.uk September 2007



Stretton Hills from the Long Mynd. Some of the tops in the Stretton Skyline fell race, 18m/4450', 11.00am Sunday 16 September, from Church Stretton Social Club, Essex Rd, Church Stretton. £5.00 EOD. See page 20 for more photos.

CONTACTS

Clayton website: www.clayton-le-moors-harriers.co.uk

Please send website contributions to Martin Brady
email: martin@clayton-le-moors-harriers.co.uk

Race Results

All your races will count towards the Club's 2007 Fell Runner of the Year and Road Runner of the Year provided the Club Statisticians have your race results.

Please send your Road Results to Richard Lawson
55 Highfield Avenue, Burnley BB10 2PS
email: valric2@tiscali.co.uk
Home telephone 01282 423808

Please send your Fell Results to Mark Nutter
20 Osborne, Spen Brook, Newchurch-in-Pendle, Lancs BB12 9JJ
email mark.nutter@rbs.co.uk
Home telephone 01282 618403

Please send your Cross-Country Results to Harry Manning
4 Wiswell Close, Burnley BB10 2DW
Home telephone 01282 830458
Cross-Country Results for those races that qualify towards the Club's 2007/08 Palladium awards will be obtained by the Cross-Country Statistician, Harry Manning.

Forthcoming Fixtures

Please notify the Fixtures Secretary, Paul Targett
12 Wiltshire Avenue, Burnley, Lancs BB12 6AD
Tel 01282 473320 (BEFORE 6PM ONLY) / 07761 577675. email
paul.targett@dwp.gsi.gov.uk
The Fixtures Secretary will forward details to the Newsletter Editor for publication

The Clayton Newsletter

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Copy deadline for the October issue: **Saturday 15 September**

COMMITTEE NEWS

SAVE THE PLANET!

This year the club has introduced the online version of the newsletter and some members have decided that they no longer require the printed newsletter. If you are happy with the online newsletter and still receive a printed version which you don't read then please amend your subscription renewal form accordingly – save the planet and save your club some money!

England Athletics have asked the club to collect data on volunteers and social athletes. If you help the club with the organisation of any of its activities (eg marshalling a race) then please indicate that you are a volunteer on the membership renewal form. If you are an associate member who runs (but does not compete) you should indicate that you are a social athlete.

Thank you., Jim Hickie
Treasurer and Membership Secretary
j.hickie@btinternet.com

CLAYTON EVENING SUMMER FELL SERIES 2007

CLOSED EVENTS FOR CLAYTON MEMBERS ONLY

A series of four races of which the best three results count to overall points awards.

FINAL RACE

**Tuesday 4th September – THE WALTER WILKINSON
MEMORIAL OSSY MOORS FELL RACE** – Please note starts at the earlier time of 6.30 pm a marked course – registration at the Plough Hotel Fielding Lane, Oswaldtwistle.

LETTERS

LETTER

I have just been passed some very sad news from Richard Lawson. A few days ago Ted Orrell's wife had a fall and unfortunately things went from bad to worse very quickly. Ted's wife died on Sunday and I'm sure all members would wish to join me in expressing our deepest sympathy at this very difficult time.

Paul Healey, Club Chairperson

LETTER

I realise I am a bit late with this letter due to being away for much of the last month but I felt impelled to say what a great day myself, Steve and my family had at the club Relay event in Barley. Taylor my 6 year old little girl had a lovely day and has talked about it a lot. I seem to remember her refusing to dance with Gary but she liked being asked and has giggled about it frequently since. At last she has another memory of races not just standing in the rain waiting for her crazy mum to finish! My parents came along too and have said how lovely the whole event was and how lucky I am to be part of club where there are so many nice people all sharing something in common.

I think the day was an excellent way of pulling everyone together, runners and none runners alike. Steve and I shared a race together we both had fun we both did the best we could for our teams and for once the after race chat was not all about me, a very refreshing change.

Finally I have to say thanks to John, Gary, and the others who helped the day to succeed. Thanks to my fellow wet and windswept Marshals and thanks to Brownie for helping me get out of the rain faster than I might have done.

Yours in Sport

Candice Leah

LETTER

It is with great personal pleasure that I have to tell you that Phil Hall became British Masters Champion at 800m and 1500m in the recent championships held in Birmingham. Why personal pleasure you may ask? Well, Phil told me that I had played my part in his victories as at Tuesday night training, I am his moving target that he is trying to catch on his second lap!

Well done Phil. A super achievement.

El P. (Dave Scott)

LETTER

Congratulations to Phil Hall on winning the National M45 800m and 1500m in Birmingham.

Clayton win Round the Park Relays at Blackpool, 3rd August.

M60

Back from injury, Barry Mitchell. Back from 7 weeks' altitude training, Dave Scott. At the back, Richard Lawson. First leg by RL starts the 2.8 mile lap on tracks past the zoo and encouraged by the roars of the lions comes back first M60. Dave, well oxygenated from Denver steams up the slopes and finishes in good order still in first position, then Barry, back with a vengeance flies round to bring us back 1st M60 team in 9th position overall out of the 29 teams entered.

M50

"Where were they?" we asked with 15 minutes to go, then Steve White and Andy Robinson arrived. With just 5 minutes to go Jeff Pickup arrived and by now the team were well steamed up and raring to go. Jeff tore off on leg one and came back first M50 followed by Steve running very strongly, then Andy flew round to come back confirmed in top spot.

The after race arrangements were different with orange and biscuits at the finish followed by baked potatoes (with a choice of fillings) back at the Fire Station. It was a Dave Waywell special with prizes for just about everyone, hot at the front and relaxed at the back. Many thanks to Mike Wrigley, our excellent team manager

Richard Lawson

LETTER

On the weekend of 26/27 July this year Phil Hall won the British Masters (Vet 45) 800 metres and 1500 metres championships held at the Alexander Stadium in Birmingham. This takes Phil's medal tally at the British Masters track Championships to a gold, silver and bronze in the 800 metres and three golds and a bronze in the 1500 metres (apologies Phil if I missed anything). These championships are not just a few old folk shuffling around the track, it's a very competitive event e.g. M60 100 metres won in 12 seconds, W50 400 metres won in 61 seconds (results on bvaf.org.uk). When discussing the recognition of Phil's achievements on the track I have heard that some of our members have said "but Phil runs on the track for Blackburn". Whoever else he may represent, (In this case Northern Vets AC, according to the results) Phil Hall is a member of Clayton Le Moors Harriers. My main intention here is not to challenge or propose anything but merely to bring to the attention of our members this outstanding performance and to publicly congratulate Phil on his achievement. Well done Phil!

Yours in sport,

Paul Shackleton.

LETTER

Just a short note to let you know that this year Blackburn Road Runners are reviving their 4 Mile Multi-Terrain Race in Witt Park. It will be on Wednesday August 29 at 6.30pm.

The club is hoping for strong support for the new promotion, especially from those who have enjoyed the well established August 10K Road Race from the same venue, which doesn't go ahead this year.

Best regards

Andy McAllister

LETTER

As Clayton's current representative in Vienna it gives me great pleasure to welcome Ian and Carol Campbell to Austria. The photo in the August 2007 edition of Harrier News shows Ian contemplating the months and years ahead - presumably on the ski slopes and the Alpine pistes. Good luck and welcome!

Below are some running events that Ian and any other Clayton visitors to Austria might like to consider getting along to:

The World Masters Athletic Championship - Mountain Running - is scheduled for 23rd September 2007 at Bludenz in the Vorarlberg area of Austria. The course is over 9.2kms with a height difference of 840 mtrs.

Details can be found at www.berglaufteam.com.

Other late season events include the Sparkassen-Ehrenberg-Challenge at Reute/Tirol with distances from 10kms up to 52kms on 13/14th October 2007 www.ausserfern-marathon-challenge.com, and on 29th September 2007 the Karwendellauf from Scharnitz to Pertisau/Achensee over 53 kms www.karwendellauf.at also in Tirol. Further south on the Italian border there's the Osttirol XS Marathon at Lienz on the 16th September 2007 over 32.2kms www.osttirol-xs-marathon.at. On 21st October 2007 the scenic 36th International Wolfgangsee Race over a circular lakeside route of 27kms www.wolfgangsee.at takes place in the Austrian Lake District, the Salzkammergut, near Salzburg.

Next year sees me in my 60th year to heaven and I've determined, as I sit here in my Clayton Phoenix 'We Have Risen' t-shirt that my new slimline shape will celebrate this landmark year in fine style. One event I'm considering for the diary is that famous blister burster, the Snowdon International Mountain Race, from Llanberis to the station on the top and back down. As they say - watch this space!

Gwilym Williams

RACE REPORT FOR LES FOULÉES DU LAMBON 10/08/07 DEUX SEVRES, FRANCE.

Sent in by Graham A Cunliffe

Whilst on holiday in France I decided to look for a race with a difference and found Les Foulees Du Lambon which was advertised as a 12.6k (8miles) multi terrain run in the country, can't be too tough I thought, after all it's flat here in this part of France, isn't it?? After entering I was wondering what footwear to use and one glance at all the locals showed they all had road shoes on (it must be an easy race I thought to myself) so I decided to do my usual and wear fell shoes, just an instinct I suppose, the race started at 9am and it was already very warm making the first mad dash a breathtaking experience, we followed a trail around the Lac du lambon (lake) and then turned left up a very sharp embankment and I was in 7th place but had obviously had a rush of blood, I was just hoping it was going to be an easy course, What followed was definitely multi terrain, there were steep narrow rocky tracks, fields, farm tracks, x/c, streams and road, easy?? It certainly was not, I managed to work my way up to 5th place by half way mainly due to being able to run the steep downhill's faster in the fell shoes, (good choice) but was soon blowing like an old boiler & lost a place on a long steep climb, towards the end on a stretch of track and road I lost another 2 places due to the fell shoes (bad choice) and finished shattered but happy in 8th place. The temperature was now very warm so after a couple of beers to cool off I went to look at the results and was happy to see I was the 1st V50, but I was less happy when the presentation started and I realised the winner of each category was being interviewed by the man on the P.A. system, my French although improving is not good, I managed a few words as I picked up my trophy and it seemed to go OK as there was some laughter and polite applause when I had finished (it made sense to me at least) and no one looked offended. There were several other races to choose from, including shorter fun runs, a 10k walk and a Duathlon which was 4 laps of the lake with target shooting after each lap, this was all followed by the presentation and a barbecue party with lots of food and beer which we unfortunately missed as it was 31 degrees in the shade and the dog was wilting fast, I am now looking forward to my next race on French soil and have decided to do the Gatine Marathon in October, I just hope it's not 31 degrees for that one.

For the record the winner was Eric Mercier in 47.10, I was 8th in 52.03 & the 1st lady was Nathalie Hay in 1.01.16

HOWGILL HORRORS

Sent in by Tony Peacock

I recently went for a run in the Howgills and had the most odd experience. No, not meeting another Clayton member on the fell, but suffering a twenty minute sustained attack from a very large bird, I believe to have been a Buzzard.

I was more or less following the Sedbergh Hills Race route and had descended from Arant Haw, ready to make the steep ascent of Castley Knotts. As I crossed the beck I heard the distinctive 'mewing' call of a Buzzard and looked up to find the bird circling quite closely above my head. 'That's a good sighting' I thought, 'it's not often you see such a large bird (about three feet wingspan) so close by'.

As I set off up the slope it dived towards me, passing so closely that I automatically ducked to avoid losing the little bit of hair I have left. This performance was to be repeated at least a dozen times before I gained the summit of Castley Knotts. The first 'attack' was a bit of a novelty, but I soon became a bit concerned for my safety and started waving my tee shirt above my head in a vain attempt to scare the beast away.

This worked when I could see it coming, but the wily bird was eyeing me up as it hovered on the thermals above the hillside and developed the technique of turning into the wind then diving straight at me out of the sun, just like a Spitfire in some World War Two aerial dog fight. Progress up the slope was hampered by having to keep an eye on the damned bird and by the time I had made it half way to the summit paranoia was beginning to set in. 'Why do these things always seem to happen to me?', I thought. 'I've survived the descent of the Torrent de Pareise and Easter in Burnley General, but I'm now in serious danger of ending up as dead meat on the slopes of the Howgills'.

Eventually I made it to the top of Castley Knotts and summoning all the speed I could muster, shot off down the other side as fast as I could go. Thankfully, the bird seemed to lose interest, but it was another hour or so before I stopped checking the sky for another dive-bombing raid. I am at a loss as to why a Buzzard would behave in this way, as they are considered to be shy birds that will normally keep away from humans. Are there any 'twitchers' in Clayton who could offer an opinion? It is possible that it was a 'tame' bird being flown by its owner, and that it saw me as a source of food. I know they are partial to a bit of carrion, but I didn't think I was moving that slowly that it could consider me as a tasty Sunday lunch!

So, if you are thinking of venturing into the Howgills in the near future, I would advise you to consider wearing a crash helmet and take a big stick, just in case.

CALLING ALL LADY FELL RUNNERS

Sent in by Katy Thompson

It's that time of year again – relay time:

Ian Hodgson Relay	7 th October
British Fell Relay	13 th October
Calderdale Way Relay	9 th December

Let us know if you are available. Please don't wait to be asked to run. We need the best teams possible, but we also need plenty of reserves, so don't think you're not needed. And if you don't volunteer, then don't be offended if you aren't selected!

If you are available for the Ian Hodgson, please contact Anna Kelly (07900 998746) as soon as possible. 8 runners are needed. Experience of Lakeland running advisable. Details below.

If you are available for the British Fell Relay (on the Bowland Fells) please contact Katy Thompson (01254 772013 or 07940 250888) 6 runners per team. We are trying to enter two teams, but may only be allowed one. Details below.

All runners must have run in at least two A category fell races this year. Please make sure you qualify – Half Tour, Paddy’s Pole, Fiendsdale & Pendleton are all A races. Other possible races before the event are:

Shelf Moor (2nd Sept), Hodder Valley (8th Sept),
Three shires (15th Sept), Dalehead (16th Sept),
Scafell Pike (22nd Sept), Gt. Whernside (6th Oct)

We will try to enter the usual two ladies teams in the Calderdale Way. Contact details and leg details in the November newsletter

Ian Hodgson Mountain Relay
10 a.m Sunday 7th October

This year the relay is to be run in reverse, as in 1995. Ladies’ times are from 1995.

Leg1 - Brotherswater to Kirkstone 4.5 miles/2848 ft

Fastest Ladies 1.19.03 (L. Bostock/J. Rawlinson)

1. Large pile of stones GR372109
 2. Red Screens, small tarn NE side GR396008
- Takeover point Kirkstone Car Park GR401082

Leg2 - Kirkstone to Hartsop 7.5 miles/1980ft

Fastest Ladies 1.07.57 (S. Rowell/A. Buckley)

1. Cairn, south end Ravens Edge GR405082
 2. Caudale Moor, small tarn south side GR415101
 3. High Street, summit cairn (manned) GR441111
 - 4. The Knott, summit (new cp) GR428127**
- Takeover point Hartsop sheep pens GR412129

Leg3 - Hartsop to Patterdale 4.5miles/1450ft

Fastest Ladies 47.41 (C. Charlton/L. Osborne)

1. Path/Stream junction GR422131
 2. Angle Tarn-east peninsula (manned) GR417145
- Takeover point Patterdale Playing Fields GR391161

Leg4 - Patterdale to Sykeside 7.5miles/3130ft

Fastest Ladies 1.34.22 (Y. Hague/P. Gibb)

1. Stile over wall, Thornhow End (manned) GR386154
 2. Summit St. Sunday Crag GR369134
 3. Hart Crag (manned) GR369113
- Finish Sykeside Camping Park GR402118

RED ROSE XC FIXTURES

All to start at approximately 2.00pm, apart from
Rossendale at 1.00pm

Saturday 6 October **Witton Park, Blackburn**

Saturday 17 November **Chesham Park, Bury**

Sunday 2 December **Bolton or Hyndburn**
 (to be decided)

Saturday 15 December **Marl Pits, Rossendale**

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This is your
newsletter...

So contribute to it!!

Are you training for a new challenge, getting ready to break a record, got an idea for a new run... then we want to know! Articles are welcome. Please send these via email to

pete1718@phonecoop.coop

or by post to

Peter Billington,
10 East Crescent,
Accrington, Lancs BB5 5BS, tel.
01254 391423.

Photographs are welcome too!
Photographs can be sent by email or send prints (returnable) to the address above.

NEWSLETTER

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THE WINNER OF THE 100 CLUB SEPTEMBER DRAW

NUMBER: 16

NAME: ALAN LIFE

FANCY JOINING? - IT ISN'T TOO LATE

The 100 Club needs new members

In order for us to continue running we need more of you to take part. For an annual subscription of £12.00 you have 12 chances of winning £50.00 **plus extra chances in our Christmas big draw.**

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For more information ring Marie on 01254 237485

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MILESTONES - SEPTEMBER

Service

Keiron Ashworth	20 years
Linda Bostock	20 years
Candice Leah	5 years
Dave Nuttall	20 years
Yvonne Wickham	5 years
Neil Worswick	10 years

Age

13 th	Avril Duckworth	45 years
18 th	Kitty Garnett	70 years
25 th	Gail Brierley	55 years
28 th	Anne-Marie Grindley	60 years
30 th	Peter Atkinson	55 years

JULY RUN OF THE MONTH

JEAN RAWLINSON for 1st FV50 at the Cragg Vale Fell Race on 4 July. Also for 1st FV50 at the Stoodley Pike Fell Race on 10 July.
Nominated by Harry Manning

PETER BUTTERWORTH for 1st V50 at the Astley Park 5k Road Race at Chorley on 6 July. Also for 1st V50 at the Round Hill Fell Race at Timble on 29 July.
Nominated by Harry Manning

MARION WILKINSON for 1st FV65 at the Preston 10k Road Race on 8 July. Also for 1st FV60 at the Chernobyl 10k Road Race at Preston on 29 July. Also for 1st FV65 at the Whalley Nab Road Race.
Nominated by Harry Manning

JACK HOLT for 1st V50 at the Alva Games Fell Race on 14 July. Also for 1st V50 at the Hawkswick Fell Race at Grassington on 22 July.
Nominated by Harry Manning

PHIL HALL for becoming British Masters Champion at 800m and 1500m in the recent Championships held in Birmingham.
Nominated by Dave Scott

PETE BOOTH for his fantastic run at Carnedau (24 June). Pete finished 65 overall, 4th V50 and 3rd Clayton counter in this medium British Championships Race. Although Paul Shackleton had a stormer to give us valuable points in 80th and 4th counter, Ian Greenwood 45th and myself 25th, Pete's run gave us a finish of 3rd V40 team in the British Championships on the day.
Nominated by Garry Wilkinson

This month's winner is **PHIL HALL** for his outstanding runs in the British Masters Championships. **Well done, PHIL.**

NOTE: Any member can make a nomination for Run of the Month. Nominations should be sent to the Newsletter Editor by post or email (10 East Crescent, Accrington, Lancs BB5 5BS, email: pete1718@phonecoop.coop).

The winner is chosen by a sub-group of the Committee.

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Tel: 01200 458134 Mob: 07946 527581

CLAYTON-LE-MOORS LADIES TRAINING NIGHTS 2007

Date	Name	Address	Telephone
06.09.07	Alison Martin	11 Durham Drive Oswaldtwistle	01254 384965
13.09.07	Maureen Ashton	2 Rake Top Avenue Higham	01282 775377
20.09.07	Kathy Wallis	3 Whiteare Lane Barrow	01254 822874
27.09.07	Karin Goss	135 Whalley Road Sabden	01282 779752

All runs start at 7 p.m. If you want to host a run please ring Alison Martin 01254 384965. If you have not been for a few weeks please ring to check as venues can change.

All ladies are welcome.

CLUB DOWNHILL RACE RESULTS

Sent in by Ian Campbell

	NUMB	NAME	CAT.	START TIME	FINISH TIME	RACE TIME	DIFF.	
1	338	Andrew Orr		01:36:30	01:54:38	00:18:08	0.02	Dave Bate
2	373	Sean Clare	V40	02:03:30	02:22:26	00:18:56	0.04	Sean Clare
3	352	Michael O'Donnell		01:37:00	01:56:03	00:19:03	0.08	Barry Mitchell
4	356	Dave McMullan		01:48:00	02:07:27	00:19:27	0.11	Paul Toman
5	357	Alec Cran		01:37:30	01:57:03	00:19:33	0.13	Geoff Laycock
6	370	Peter Booth	V50	02:01:30	02:21:06	00:19:36	0.13	Michael O'Donnell
7	374	Chris Balderstone	V40	02:07:00	02:26:36	00:19:36	0.14	Geoff Newsham
8	369	Pete Browning	V40	01:53:00	02:12:50	00:19:50	0.15	Andrew Howarth
9	332	Geoff Newsham	V50	01:41:00	02:00:59	00:19:59	0.16	Paul Healey
10	312	Mark Nutter	V40	01:36:00	01:56:18	00:20:18	0.18	Mark Nutter
11	362	Jon Sharples	V50	01:57:00	02:17:20	00:20:20	0.21	Jon Sharples
12	346	Gary Balmer		02:00:00	02:20:25	00:20:25	0.22	Steve Bury
13	364	Andrew Howarth	V40	01:59:30	02:20:05	00:20:35	0.26	Alec Cran
14	334	Paul Toman	V40	02:00:30	02:21:19	00:20:49	0.29	Andrew Orr
15	368	Steve Whitaker	V40	01:54:00	02:14:53	00:20:53	0.29	Dave Naylor
16	327	Doug McCallum	V60	01:48:30	02:09:45	00:21:15	0.30	Kath Brady
17	353	Dave Naylor	V50	01:55:00	02:16:20	00:21:20	0.33	Dave McMullan
18	372	Steve Bury	V40	02:02:00	02:23:28	00:21:28	0.34	Peter Booth
19	328	Geoff Laycock	V50	01:51:30	02:13:12	00:21:42	0.35	Gary Balmer
20	361	Daniel Ashworth		01:38:00	02:00:05	00:22:05	0.43	Steve Whitaker
21	330	Barry Mitchell	V60	01:35:00	01:57:08	00:22:08	0.46	Doug McCallum
22	317	Dave Bate		01:54:30	02:16:42	00:22:12	0.53	Geoff Smith
23	355	Andrew Graham		01:57:30	02:19:55	00:22:25	0.54	Dave Mashiter
24	354	Mick Tomlinson	V40	01:53:30	02:16:07	00:22:37	1.00	Pete Browning
25	331	Geoff Smith		01:49:00	02:11:48	00:22:48	1.05	Daniel Ashworth
26	324	Dave Mashiter	V60	01:38:30	02:02:29	00:23:59	1.21	Chris Balderstone
27	359	Mick O'Rourke	V40	01:56:00	02:20:01	00:24:01	1.23	Mick Tomlinson
28	325	Tony Peacock	V60	02:03:00	02:27:01	00:24:01	1.41	Karin Goss
29	360	Jackie Commons	LV40	01:56:30	02:21:32	00:25:02	1.53	Tom Pate
30	367	Paul Healey	V60	01:58:00	02:23:16	00:25:16	2.01	Mick O'Rourke
31	365	Tom Pate	V50	02:01:00	02:26:23	00:25:23	2.35	Andrew Graham
32	358	Martin O'Rourke	V40	01:55:30	02:20:57	00:25:27	2.55	Keith Prosser
33	301	Kath Brady	LV40	01:27:30	01:53:26	00:25:56	2.56	Phil Thornber
34	351	Lorna Balmer	Lady	01:58:30	02:25:08	00:26:38	3.01	Martin O'Rourke
35	366	Danny Brindle		01:53:30	02:21:48	00:28:18	3.21	Lorna Balmer
36	326	Phil Thornber	V50	01:45:00	02:15:04	00:30:04	3.32	Danny Brindle
37	371	John McNab	V50	02:04:00	02:34:35	00:30:35	3.36	Tony Peacock
38	363	Keith Prosser	V60	02:02:30	02:35:25	00:32:55	6.03	John McNab
39	300	Karin Goss	LV50	01:30:30	02:04:24	00:33:54	9.58	Jackie Commons

CLUB CHAMPIONSHIPS - RESULTS AFTER SEVEN RACES

Sent in by Mark Nutter

If any club members are missing from the results please ring me, as I can only work from the results taken from organisers. Thanks, Garry Wilkinson, 07973 817677.

MEN									
POS	Name	CAT	5K	Paddys Pole	Hameldon	5K	Burnley Lions 10K	Hendon Brook 1/2M	Cliviger 6
			28.03.07	22.04.07	06.05.07	15.05.07	25.05.07	17.06.07	05.08.07
1	Andy Stubbs	M		98	100	100	100	98	n/a
2	Paul Thompson	M	97	99	98	n/a	97	100	
3	Garry Wilkinson	V40	99	100	99		96	96	
4	Brian Horrocks	V45	n/a	88	90	91		92	91
5	Neil Worswick	M	91	84	83		n/a	91	93
6	Pete Booth	V55	80	83	88		82	87	
7	John Rusius	V50	78	82	82		n/a	76	83
8	Gary Balmer	M	n/a	76	76	87	n/a	72	86
9	David Horrocks	V45	n/a	74	73	86		69	80
10	Paul Archer	V40	95		95		n/a	94	96
11	John Roche	V45	96		93		n/a	93	95
12	Ian Greenwood	V45		90		94	94	95	
13	Gary Shaw	M	100		96	n/a	n/a	75	97
14	Dave Edmondson	V40	n/a		94	93	88	84	
15	Graham Cunliffe	V50	92		91		90	86	
16	Peter Thompson	V45	75	75	74		66	68	
17	Martin Terry	V45	86		89		n/a	90	92
18	Andrew Orr	M		86	92		84	88	
19	Mike Eddleston	V50	71	67	61			62	85
20	Andy Robinson	V50	87	85			80	89	
21	Kevin Davies	V45	93		87		87	74	
22	Vinny Brodrick	V45	n/a	61	59	82	n/a	57	74
23	Chris Balderson	V40	88	92			73	73	
24	Stephen White	V50	n/a	71		89	n/a	71	87
25	George Thompson	V55	68	62	62			59	67
26	Robert Hirst	V55	65	55	55			52	77
27	Paul Toman	V45	76	72			n/a	70	82
28	Andrew Graham	M	66	53	56		n/a	51	70
29	Mark Aspinall	V45		93		99			99
30	Barry Brock	V40	98		81	n/a	98		
31	William Titley	V40		64	66	84		60	
32	Keiron Mitchell	M				90	n/a	78	89
33	Chris Shaw	V40			80		n/a	82	94
34	Martin Brady	V45	84		84			80	
35	Stephen McNamara	M	n/a	77		88		79	
36	Daniel Ashworth	M			77		68	83	
37	Andrew Foster	V40			69		69	81	
38	Kristian Barker	M			71		n/a	67	76
39	Mick Hogan	M	73	69	67				
40	Andrew Hartley	V40					99	99	
41	James Hickie	V45		68	65		64		
42	John Tomlinson	V45					n/a	97	98
43	Mark Brown	V40		96		98			
44	Jeff Pickup	V55			70		65	58	
45	Andrew Dugdale	V40		60	60		61		
46	Alex Cran	M	n/a		86	92			
47	Paul Hesketh	V40			85		n/a		88

MEN

POS	Name	CAT	5K	Paddys Pole	Hameldon	5K	Burnley Lions 10K	Hendon Brook 1/2M	Cliviger 6
			28.03.07	22.04.07	06.05.07	15.05.07	25.05.07	17.06.07	05.08.07
48	John Singleton	V50			75		n/a		90
49	Dave Scott	V65	n/a			85	n/a		79
50	John Amos	V65			52		n/a	47	65
51	Keiron Woodward	V45			48		n/a	48	66
52	Gordon Barrett	V45					n/a	77	84
53	Brian Leathley	V75			49		n/a	49	63
54	Sean Clare	V40			79		n/a		81
55	Michael Toms	V40	81	78					
56	Richard Lawson	V65	n/a			83			71
57	Ian Connel	V40		79	72				
58	Martin Ritson	V55			51		48	50	
59	David Bate	M	79	65					
60	Mick Tomlinson	M	71				58		
61	S Bellaries	V60					n/a	56	72
62	Les Jackson	V65	n/a			80	47		
63	Peter Bellaries	M						53	73
64	Geoff Smith	M		59	63				
65	Brian Wildeman	V40					56	63	
66	John McNabb	V50			53				64
67	David Mashiter	V60		56	57				
68	Peter Dugdale	V50			58		55		
69	Jamie Edmondson	M					51	54	
70	Andy McFarlane	M			97				
71	Mike Wallis	V45		97					
72	Dave Nuttall	V40		95					
73	Dave Walker	M		94					
74	Peter Butterworth	V50	94						
75	Jack McGuire	V50			47		44		
76	Paul Shackleton	V40		91					
77	Jack Holt	V55		89					
78	James Baldwin	M					89		
79	Colin Shuttleworth	V45		87					
80	Neil Hardiman	M						85	
81	Keiron Carr	V60		81					
82	Peter Costello	V45	n/a			81			
83	Tony Walker	V40		80					
84	John Betney	V70				79			
85	James Pickles	M							78
86	Kevin White	M			78				
87	Mike Holder	V40					n/a		75
88	Gareth Williams	M					74		
89	Keith McGregor	V40		73					
90	Paul Hindmarch	V40					71		
91	Richard Bellaries	V50		70					
92	Mick Wrigley	V60					n/a		69
93	Darren Rushton	M							68
94	John Rutter	M			68				
95	Doug McCallum	V55		66					
96	Paul Wickham	V40						66	
97	Alan Clarkson	V45						65	
98	David Lord	V45						64	
99	Nigel Dewhurst	V40			64				
100	Lawrence Sullivan	V70		63					

MEN									
POS	Name	CAT	5K	Paddys Pole	Hameldon	5K	Burnley Lions 10K	Hendon Brook 1/2M	Cliviger 6
			28.03.07	22.04.07	06.05.07	15.05.07	25.05.07	17.06.07	05.08.07
101	Keiron Ashworth	V40						61	
102	Robert Russell	V55					60		
103	Andrew Walmsley	V50		58					
104	David Salmon	M					57		
105	Paul Healey	V60		57					
106	Anthony Beckett	M						55	
107	Geoff Laycock	V50		54					
108	Ted Orrell	V65			54				
109	Harry Manning	V65			50				
110	Mark Taylor	M					50		
111	Phil Thornber	V50			46				

WOMEN									
POS	Name	CAT	5K	Paddys Pole	Hameldon	5K	Burnley Lions 10K	Hendon Brook 1/2M	Cliviger 6
			28.03.07	22.04.07	06.05.07	15.05.07	25.05.07	17.06.07	05.08.07
1	Sue Burns	L45	50	49	50	n/a	50	50	n/a
2	Irene Roche	L45	47	45	48		48	47	n/a
3	Jane Murphy	L35	48	46	47	n/a		45	
4	Kath Brady	L40	46	40				43	46
5	Linda Bostock	L50	45	41				42	45
6	Lorna Balmer	L35	44		40		46	41	n/a
7	Kathryn Wilkinson	L	43	37	42		45		
8	Kitty Garnet	L65			38	46	42	39	n/a
9	Sue Allen	L45	n/a	36		45		38	37
10	Tracy Mitchell	L				49	49	48	n/a
11	Jean Rawlinson	L55		44	46			46	
12	Karin Goss	L55		38	41		44		n/a
13	Christine Leathley	L55			39		43	40	n/a
14	Anna Kelly	L40	49	48					
15	Debbie Wilson	L		43	49				
16	Linda Middleton	L40			43		47		n/a
17	Val Lawson	L65	n/a			44	41		
18	Katy Thompson	L50		39	45				
19	Candice Leah	L		50					
20	Avril Duckworth	L40						49	
21	Andrea Wainscott	L							48
22	Eileen Burnip	L55				47			
23	Wendy Dodds	L55		47					
24	Saeeda Mehmood	L							44
25	Alison Martin	L40			44				
26	Andrea Barrowclough	L40						44	
27	Marion Wilkinson	L65							43
28	Jill Scott	L60	n/a			43			
29	Linda Lord	L55		42					

SUMMER FELL SERIES - CURRENT ESTIMATED POSITIONS

Sent in by Paul Healey

	NAME		CAT	Copp	D'hill	Total	events
1	Andrew	Orr			1	1	1
2	Ian	Greenwood	V40	1		1	1
3	Andy	McFarlane		2		2	1
4	Jamie	Baldwin		3		3	1
5	Dave	McMullan			4	4	1
6	Alex	Cran			5	5	1
7	Neil	Worswick		5		5	1
8	Peter	Booth	V50		6	6	1
9	Neil	Hardiman		6		6	1
10	Pete	Browning	V40		8	8	1
11	Geoff	Newsam	V50		9	9	1
12	Brian	Horrocks	V40	9		9	1
13	Mick	Green	V50	10		10	1
14	Mark	Nutter	V40		10	10	1
15	Michael	O'Donnell		7	3	10	2
16	Sean	Clare	V40	8	2	10	2
17	Jon	Sharples	V50		11	11	1
18	Chris	Balderson	V40	4	7	11	2
19	John	Rutter		12		12	1
20	Maureen	Laney	FV40	14		14	1
21	Steve	Whitaker	V40		15	15	1
22	Doug	McCallum	V50		16	16	1
23	Ian	Connell	V40	16		16	1
24	Dave	Naylor	V50		17	17	1
25	David	Horrocks	V40	17		17	1
26	Michael	Hogan		20		20	1
27	Barry	Mitchell	V60		21	21	1
28	Mike	Eddleston	V50	21		21	1
29	Dave	Bate			22	22	1
30	Vinny	Brodrick	V40	22		22	1
31	Michael	Frost	V50	23		23	1
32	Andrew	Graham			23	23	1
33	Rick	Moore	V40	24		24	1
34	Mick	Tomlinson	V40		24	24	1
35	Geoff	Smith			25	25	1
36	Gary	Balmer		13	12	25	2
37	Dave	Mashiter	V60		26	26	1
38	Judy	Hindle	FV40	27		27	1
39	Mick	O'Rourke	V40		27	27	1
40	Tony	Peacock	V60		28	28	1
41	Paul	Toman	V40	15	14	29	2
42	Jackie	Commons	FV40		29	29	1
43	Tom	Pate	V50		31	31	1
44	Daniel	Ashworth		11	20	31	2
45	Andrew	Howarth	V40	19	13	32	2
46	Martin	O'Rourke	V40		32	32	1
47	Kath	Brady	FV40		33	33	1
48	Lorna	Balmer	F		34	34	1
49	Danny	Brindle			35	35	1
50	Steve	Bury	V40	18	18	36	2
51	John	McNabb	V50		37	37	1
52	Karin	Goss	FV40		39	39	1
53	Geoff	Laycock	V50	25	19	44	2
54	Paul	Healey	V60	26	30	56	2
55	Phil	Thornber	V50	29	36	65	2
56	Keith	Prosser	V60	28	38	66	2

SUMMER FELL SERIES - CURRENT ESTIMATED TIMES

Sent in by Paul Healey

	NAME		CAT	COP PICE		DOW NHIL L		DIFF ERE NCE		events
				Mins	Secs	Mins	Secs	Mins	Secs	
1	Dave	Bate				0	2	0	2	1
2	Mick	Green	V50	0	2			0	2	1
3	Michael	Frost	V50	0	2			0	2	1
4	Barry	Mitchell	V60			0	8	0	8	1
5	Vinny	Brodrick	V40	0	13			0	13	1
6	Geoff	Newsam	V50			0	14	0	14	1
7	Mark	Nutter	V40			0	18	0	18	1
8	Maureen	Laney	FV40	0	18			0	18	1
9	Rick	Moore	V40	0	19			0	19	1
10	Jon	Sharples	V50			0	21	0	21	1
11	Andrew	Howarth	V40	0	7	0	15	0	22	2
12	Jamie	Baldwin		0	23			0	23	1
13	Alex	Cran				0	26	0	26	1
14	Michael	O'Donnell		0	15	0	13	0	28	2
15	Andrew	Orr				0	29	0	29	1
16	Dave	Naylor	V50			0	29	0	29	1
17	Kath	Brady	FV40			0	30	0	30	1
18	Dave	McMullan				0	33	0	33	1
19	Peter	Booth	V50			0	34	0	34	1
20	Mike	Eddleston	V50	0	36			0	36	1
21	Steve	Bury	V40	0	16	0	22	0	38	2
22	Ian	Greenwood	V40	0	42			0	42	1
23	Neil	Hardiman		0	42			0	42	1
24	Steve	Whitaker	V40			0	43	0	43	1
25	Doug	McCallum	V50			0	46	0	46	1
26	Paul	Toman	V40	0	36	0	11	0	47	2
27	Geoff	Smith				0	53	0	53	1
28	Dave	Mashiter	V60			0	54	0	54	1
29	Geoff	Laycock	V50	0	45	0	13	0	58	2
30	Pete	Browning	V40			1	0	1	0	1
31	Ian	Connell	V40	1	0			1	0	1
32	Andy	McFarlane		1	3			1	3	1
33	Michael	Hogan		1	6			1	6	1
34	Mick	Tomlinson	V40			1	23	1	23	1
35	Judy	Hindle	FV40	1	36			1	36	1
36	Karin	Goss	FV40			1	41	1	41	1
37	Neil	Worswick		1	44			1	44	1
38	David	Horrocks	V40	1	49			1	49	1
39	Chris	Balderson	V40	0	29	1	21	1	50	2
40	Tom	Pate	V50			1	53	1	53	1
41	Mick	O'Rourke	V40			2	1	2	1	1
42	Daniel	Ashworth		1	2	1	5	2	7	2
43	Brian	Horrocks	V40	2	15			2	15	1
44	Gary	Balmer		1	41	0	35	2	16	2
45	Sean	Clare	V40	2	25	0	4	2	29	2
46	Andrew	Graham				2	35	2	35	1
47	Paul	Healey	V60	2	44	0	16	3	0	2
48	Martin	O'Rourke	V40			3	1	3	1	1
49	Phil	Thornber	V50	0	19	2	56	3	15	2
50	John	Rutter		3	19			3	19	1

51	Lorna	Balmer	F			3	21	3	21	1
52	Danny	Brindle				3	32	3	32	1
53	Tony	Peacock	V60			3	36	3	36	1
54	John	McNabb	V50			6	3	6	3	1
55	Keith	Prosser	V60	3	12	2	55	6	7	2
56	Jackie	Commons	FV40			9	58	9	58	1



Stretton hills. Above: Brodbury Hill Fort from the Burway. Below: view from the Long Mynd



CLUB RELAY RESULTS

Sent in by Paul Healey

Team	Leg 1 Trail				Leg 2 Cycle				Leg 3 Road				Leg 4 Nav				Leg 5 Fell				Team Pos	Min	Secs	
	Pos	Name	Min	Secs	Pos	Name	Min	Secs	Pos	Name	Min	Secs	Pos	Name	Min	Secs	Pos	Name	Min	Secs				
1 Misfits	15	Brian Wildman	36	13	10	Keiron Ashworth	24	47	2	Anna Kelly	21	3	15	Peter Brownin g	49	24	10	Paul Archer	31	23	13	16	2	50
2	4	Tony Walker	29	0	12	Barbara Hardiman	25	30	3	Mike Eddleston	21	5	3	Neil Hardiman	40	30	16	Michael Frost	38	41	4	15	4	46
3 Recycled Everest	14	Irene Roche	35	39	1	Steve Whitaker	19	58	6	David Thornton	22	58	1	Paul Thomps on	37	11	12	Steve Bury	32	20	2	14	8	6
4 Katy's Killers	17	Katy Thompson	39	10	4	Bob Mitchell	22	39	8	Tom Pate	23	54	10	Tim Edward	44	34	4	John Tomlinson	29	25	11	15	9	42
5 JJB Allstars	2	John Roche	28	39	17	Kath Brady	29	1	14	Lorna Balmer	25	51	16	Mick Targett	53	5	15	Neil Wilkinso n	37	18	16	17	3	54
6	13	John Lenehan	35	27	7	Simon Clarke	23	6	13	Andrea Wainscott	25	18	2	Andrew Orr	39	59	14	Nigel Dewhurst	34	48	10	15	8	38
7 You've got to be in it...	18	Karin Goss	42	30	6	Gary Balmer	23	0	17	Eric Birtwistle	27	51	7	Mark Nutter	41	5	2	Garry Wilkinso n	26	33	12	16	0	59
8 Must beat Keiron	10	Tracy Mitchell	33	38	18	Peter Costello	32	1	11	Mick Wrigley	25	8	18	Andrew Graham	87	12	5	Candice Leah	29	27	18	20	7	26
9	5	David Gregory	29	6	14	Mick Lee	27	1	9	Alison Martin	24	25	9	Martin Brady	42	35	18	Linda Middleton	40	55	14	16	4	2
10 Sue's Strollers	9	Ian Connell	33	12	13	Steve Hayes	25	53	18	Sue Allen	30	39	11	Brian Horrocks	43	28	17	Dave Mashiter	39	58	15	17	3	10
11 Peatbog Psychos	8	Sue Burns	31	52	11	George Thompson	25	24	15	Susan Farnworth	26	2	6	Peter Thomps on	41	2	9	Mick Toms	31	15	6	15	5	35
12 Top Cats	1	Barry Brock	27	56	9	Keith Thompson	24	19	10	Kathryn Wilkinson	24	41	14	Richard Bellaries	47	46	11	Dave Naylor	31	50	7	15	6	32
13 Boothy's Smoothy's	6	Lee Clough	31	15	3	Keiron Mitchell	20	30	12	Marion Wilkinson	25	10	12	Pete Booth	44	41	13	Andy Foster	33	43	5	15	5	19
14 Jogaholics	7	Steve White	31	30	16	Daniel Ashworth	28	37	16	L Ashworth	26	13	5	Paul Targett	40	51	7	Sean Clare	29	52	8	15	3	3
15 A team	16	Andrew Walmsley	37	48	15	Andrea Barrowclough	27	27	4	Dave Barrowclough	21	37	8	Mark Aspinall	41	14	3	Michael O'Donnell	29	18	9	15	7	24
16 Terminators	11	Dany Robson	33	55	1	Chris Balderson	19	58	7	GW Wilkinson	23	45	17	Paul Toman	69	5	5	Mark Brown	29	27	17	17	6	10
17	3	Andy Robinson	28	53	5	Geoff Smith	22	57	5	Jane Murphy	22	40	4	Simon Halliday	40	35	1	Simon Thomps on	26	23	1	14	1	28
18 Team Shaw	12	Geoff Laycock	35	20	8	Mick Tomlinson	24	11	1	Gary Shaw	18	25	13	Jon Sharples	44	49	8	Alex Cran	30	3	3	15	2	48

ONCE AGAIN A NUMBER OF ITEMS HAVE HAD TO BE HELD OVER UNTIL THE NEXT EDITION OF THE NEWSLETTER BECAUSE OF LACK OF SPACE. IF YOU HAVE SENT MATERIAL FOR PUBLICATION PLEASE DO NOT THINK IT HAS BEEN FORGOTTEN. ED.

RESULTS

CROSS-COUNTRY RESULTS

None

ROAD AND TRACK RESULTS

Chasewater Challenge 10k

22/07/07

1 D Mansbridge	Telford	34.45
13 P Shackleton	M40	37.34
19 Debbie Walters	Birchfield	38.14

243 finished

Sale Sizzler 5K No 3

26/07/07

1 A Jones	Salford H	15.00
34 Gemma Murphy	Sale H	17.48
183 R Lawson	M65	22.55
330 Val Lawson	W65	32.33

337 ran

Chernobyl Challenge 10K

29/07/07

1 A Sutton	Preston H	32.48
14 P Archer	2nd M40	36.50
27 Pippa Jackson	Horwich RMI	38.33
61 M Eddleston	M50	41.47
128 R Lawson	1st M65	46.25
157 P Costello	M45	47.44
196 Marion Wilkinson	1st W65	49.48
206 Lisa Johnson	W35	50.29
211 R Hill	M65	50.54
400 Val Lawson	W65	70.05

404 finished

Marion is currently lying 4th on the UK rankings for W65 with 48 34 !! in 2007

Whalley Nab Mixed Terrain 6+ M

31/07/07

1 A Hargreaves	B'bn H	37.37
5 A Stubbs		39.14

6 J Tomlinson	1st M45	39.40
7 G Shaw		39.50
8 P Shackleton	1st M40	40.19
9 J Roche	2nd M45	40.39
11 P Archer	3rd M40	41.04
13 J Baldwin		41.27
14 A Orr		41.38
15 Amy Green	K&C	41.47
19 C Shaw	M40	42.18
20 P Targett	M40	42.29
24 N Worswick		42.44
25 A Cran		43.14
26 M O'Donnell		43.18
28 J Singleton	1st M50	43.32
30 M Terry	M45	43.43
37 P Hesketh	M40	44.58
41 S White	2nd M50	45.27
42 G Balmer		45.46
43 M Eddleston	3rd M50	46.06
47 D Ashworth	MJun	47.08
48 Sue Burns	3rd Lady 1st W45	47.15
58 K Barker		50.04
65 A Dugdale	M45	51.01
72 V Brodrick	M45	51.59
73 J Pickup	M55	52.07
75 Irene Roche	2nd W45	52.35
76 G Laycock	M50	52.40
77 P Bellaries		52.47
78 P Healey	3rd M60	52.57
79 B Wildman	M40	53.07
81 G Smith		53.23
83 Marion Wilkinson	1st W65	53.07
84 M Holden	M40	53.27
85 P Dugdale	M50	53.33
89 SP Bellaries	M60	53.46
92 R Hirst	M55	54.16
99 Saeedah Mehmood	1st W35	55.18
102 L Bostock	1st W50	55.42
107 Linda Middleton	3rd W40	56.49
111 K Woodward	M45	59.27
112 Lorna Balmer	2nd w35	59.33
114 K Wilkinson		59.42
117 Karin Goss	1st W55	61.04
119 Christine Leathley	2nd W55	62.45
120 J Amos	3rd M65	65.16
122 P Thornber	M50	67.17
123 Kitty Garnett	2nd W65	67.32
125 J McGuire	M50	72.42
127 B Leathley	1st M75	74.54

127 finished

Chorley 4

01/08/07

1 P Freary Belgrave H	20.25
22 C Shuttleworth 3rd M45	23.10
109 Kath Brady 3rd W40	29.12
11 T Orrell 3rd M65	29.35

145 ran

Round the Park Relays, Blackpool**03/08/07**

Teams

1 Blackpool, Wyre and Fylde	41.00
5 Clayton M50	50.50
9 Clayton M60	53.38

Individual

1 J Prowse BWF	13.00
13 S White	16.23
18 B Mitchell	16.52
22 J Pickup	17.12
23 A Robinson	17.15
39 D Scott	18.12
40 R Lawson	18.34

Cliviger 6 Road Race**05/08/07**

1 A Stubbs	33.39
4 M Aspinall 1st M45	35.09
6 Pauline Powell B'bn H	35.23
7 J Tomlinson 2nd M45	35.34
8 G Shaw	35.49
11 P Archer 1st M40	36.36
12 J Roche 3rd M45	36.47
15 C Shaw M40	37.14
18 N Worswick	38.16
20 M Terry M45	38.35
21 B Horrocks M45	38.48
22 J Singleton 2nd M50	38.59
25 K Mitchell	39.26
29 P Hesketh M40	40.22
32 S White M50	40.31
33 G Balmer	40.38
35 M Eddlestone M50	40.32
37 G Barrett M45	40.56
38 J Rusius M50	41.00
39 P Toman M45	41.09
47 S Clare M40	42.20
54 Sue Burns 3rd L 1stW45	42.56
56 D Horrocks M45	43.04
57 Tracey Mitchell	43.14
59 Andrea Wainscott	43.47
60 D Scott 3rd M60	44.08
69 J Pickles	46.00
70 Irene Roche 2nd W45	46.03
73 R Hirst M55	46.28

74 Kath Brady W40	46.36
76 K Barker	46.42
77 M Holden M40	46.47
78 V Brodrick M45	46.56
82 P Bellaries	47.19
86 Lida Bostock 1stW50	47.52
87 S P Bellaries M60	47.54
91 R Lawson 1st M65	48.28
96 A Graham	49.16
97 Saeedah Mehmood W35	49.18
99 Marion Wilkinson 1st W65	50.16
100 M Wrigley M60	52.26
101 D Rushton	52.44
103 Lorna Balmer W35	52.57
108 G Thompson M55	53.21
110 K Woodward M45	54.05
112 Linda Middleton W40	54.23
115 Karin Goss 2nd W55	55.35
116 Christine Leathley 3rdW55	56.21
117 J Amos M65	58.11
118 Kitty Garnett 2nd W65	58.20
121 J McNabb M50	59.27
125 B Leathley 1st M75 Rec	62.36
126 Sue Allen W45	65.13

128 finished

Middleton Moonraker 10K**05/08/07**

1 C Rigby Horwich	33.49
13 Katie Ingram Horwich	37.24
64 P Butterworth M50	43.11
164 K O'Brien M65	51.12

240 ran

Wagon & Horses 10M Lancaster**05/08/07**

1 A Sutton Preston	53.07
8 P targett 1st M40	63.18
22 Joanna Goorney W35 Wes	68.24

190 ran

Haigh Hall 5M**08/08/07**

1 R Hayman Sale H	25.33
15 P Butterworth 2nd M50	29.10
24 Yvonne Wyke W Ph	30.21

95 finished

Trawden Celtic MT 7**08/08/07**

1 P Guinan B'bn H	39.27
2 A Stubbs	40.50

3 J Tomlinson M45	41.52
4 M Brown M45	42.22
5 G Shaw	43.02
6 P Archer M40	43.11
7 J Roche M45	43.45
8 C Shaw M40	44.33
9 A Cran	45.00
10 Amy Green K&C	45.03
11 N Worswick	45.13
12 M Terry M45	45.20
13 J Singleton 1st M50	46.04
15 N Hardman	46.21
17 G Barrett M45	46.54
18 K Mitchell	47.08
21 S White M50	47.27
23 G Balmer	47.45
24 S Clare M40	48.07
27 P Hesketh M40	49.12
28 Peter Thompson M45	49.18
29 Sue Burns 2nd L 1st W45	49.18
32 Tracey Mitchell 3rd L	49.41
33 K Barker	49.51
34 J Pickup M55	50.02
39 Andrea Wainscott	52.02
48 Debbie Wilson W35	54.19
49 Irene Roche W45	54.25
50 D Thornton	54.26
52 A Graham	55.48
53 SP Bellaries	56.00
62 Linda Middleton W40	60.02
63 Jenny Wyles	60.35
64 Lorna Balmer	61.32
68 K Woodward M45	62.40
69 Kathryn Wilkinson	62.52
71 M Wrigley M60	63.42
72 Karin Goss W55	65.02
74 M Ritson M55	65.33
76 Christine Leathley W55	66.45
79 J McNabb M50	68.03
80 J Amos M65	70.44
81 Kitty Garnett 1st W65	73.48
82 J McGuire M50	74.58
83 B Leathley 1st M75	78.30

83 finished

Sale Sizzler 5K
09/9/07

1 S Stokes Sale H	14.58
26 Rachel Thompson Alt AC	17.41
139 D Scott 3rd M60	21.19
353 Jill Scott W60	29.31

407 ran

Arncliffe Fete 4M
11/08/07

1 I Fisher Otley AC	20.24
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5 M Aspinall 1st M45	22.18
6 M Brown 2nd M45	22.27
8 Pauline Powell B'bn H	22.35
28 Anna Kelly 1st W45	27.21

75 ran

Viga Gallop 1M Juniors
Undated

1 J O'Donnell Preston H M12	5.44
10 Leon Passco 1st M8	7.19
13 Thomas Passco 1stM6	8.14

17 ran

Debdale 7K, Denton
12/08/07

1 D Proctor Rochdale H	24.53
14 Carmen Anthony Belle Vue	27.05
46 D Scott M60	30.33
68 R Lawson 1st M65	32.49
119 Jill Scott 2nd W60	42.23
128 Valerie Lawson 1st W65	46.21

135 ran

FELL RESULTS

Bunny Run 1 03/04/07
CS 3m 300ft

1 I Holmes - Bing V40	15.15
15 D Walker	17.31
34 J Buckley - CVFR	
1st L	18.37
84 M Brolly L	21.20
153 H Leathley L	26.19
168 K Goss LV50	27.51
175 C Leathley LV50	29.02

188 finished incl 65 Ladies

Bunny Run 2 10/04/07
CS 3m 300ft

1 I Holmes - Bing V40	15.10
15 P Hall V40	17.10
20 D Walker	17.36
29 P Targett V40	17.58
47 J Buckley - CVFR	
1st L	18.35
88 W Titley V40	21.00
101 M Brolly L	21.22
133 H Leathley L	23.22
136 L Bostock LV50	23.31
151 J Rawlinson LV50	24.21
178 K Goss LV50	26.45
190 C Leathley LV50	29.53

199 finished incl 58 Ladies

1 retired

Bunny Run 3 17/04/07

CS 3m 300ft

1 I Holmes - Bing	V40	15.00
16 P Hall	V40	16.41
26 D Walker		17.20
29 M Wilkinson - Bing		
	1st L	17.26
92 M Brolly	L	20.49
94 W Titley	V40	20.53
147 L Bostock	LV50	23.05
158 J Rawlinson	LV50	24.00
191 K Goss	LV50	26.40
199 E Burnip	LV50	29.16

206 finished incl 58 Ladies

6 retired

Bunny Run 4 24/04/07

CS 3m 300ft

1 G Hull - Leeds	V40	15.07
12 D Walker		16.54
21 M Wilkinson - Bing		
	1st L	17.20
69 M Brolly	L	20.37
74 W Titley	V40	20.43
129 L Bostock	LV50	22.46
146 H Leathley	L	23.40
148 J Rawlinson	LV50	23.45
173 K Goss	LV50	26.49
179 C Leathley	LV50	28.27
189 J McGuire	V50	30.40

194 finished incl 66 Ladies

3 retired

Hutton Roof Crags 26/05/07

BM 7m 1300ft

1 R Lighfoot - Ellenbrgh		47.20
34 P Butterworth	V50	57.59
40 B Horrocks	V40	58.46
67 D Horrocks	V40	62.14
10 M Hirst	V50	68.12
117 A Firth	V40	69.53
119 M Tomlinson		69.56
123 M Frost	V50	70.50
129 R Hirst	V50	72.41
133 V Brodrick	V40	73.46
169 J Francis	V60	88.31

172 finished

Duddon 02/06/07

AL 20m 6000ft

British / English Championship Race

1 I Holmes - Bing	V40	2.42.35
32 Paul Thompson		3.10.23
54 J McIver - Dk Pk		
	1st L	3.18.43
64 D Nuttall	V40	3.22.45
90 A Orr		3.37.50
91 P Booth	V50	3.37.51
92 A McFarlane		3.38.05
101 C Leah	L	3.39.25
113 A Robinson	V50	3.42.30
125 R Bellaries	V50	3.45.42
147 J Sharples	V50	3.52.13
157 B Horrocks	V40	3.54.41
166 J Rusius	V50	3.57.14
221 D Naylor	V50	4.12.36
278 W Dodds	LV50	4.29.04
313 M Hirst	V50	4.56.22

350 finished incl 65 Ladies

21 DNF

2 Disq

Wharfedale offroad Marathon 02/06/07

CL 26m 2600ft

1 P Hart - Dumfries		2.58.37
5 M Terry	V40	3.22.21

78 finished

Wharfedale offroad Half Marathon

02/06/07

BL 12m 2300ft

1 A Robertshaw - Otley		1.30.14
3 M Aspinall	V40	1.35.50
9 S White	V50	1.50.47
13 T Sloan - Salford		
	1st L	1.52.58
18 A Kelly	LV40	1.57.16
21D Barrowclough	V40	1.57.41
30 J Pickup	V50	2.02.00
103 T Targett	V60	2.45.53

114 finished incl 40 ladies

Waughs Well 05/06/07

AS 4m 1000ft

1 S Godsman - Tod		30.46
2 S Thompson		31.21
9 I Greenwood	V40	33.31
22 K Robinson - Roch		
	1st L	36.38
26 P Booth	V50	37.13
29 M Nutter	V40	37.57

36	Peter Thompson	V40	39.01
53 A	Firth	V40	41.21
56 A	Howarth	V40	41.41
57 A	Dugdale	V40	41.45
69 T	Peacock	V60	43.07
78 J	Rawlinson	LV50	44.37
82 P	Dugdale	V50	45.11
87 L	Sullivan	V70	45.48
90 M	Taylor		46.50
92 R	Moore	V40	47.09

116 finished incl 24 Ladies
2 DNF

Ennerdale 09/06/07
AL 23m 7500ft

1 R	Lightfoot - Ell'brg		3.53.17
6	Paul Thompson		4.15.00
18 T	Edward	V40	4.41.22
59 S	Halliday		5.37.59
75 D	Naylor	V50	5.53.17

105 finished

Buckden Pike 16/06/07
AS 4m 1500ft

Sponsored by Forbes Solicitors

1 R	Jebb - Bingley		33.27
10 D	Nuttall	V40	38.45
13 T	Edward	V40	39.54
25	SNewman - CVFR		
		1st L	41.54
26 M	O'Donnell		42.15
32 D	Walker		43.27
36 S	Halliday		43.45
38 M	Nutter	V40	43.52
47 M	Riley	V40	44.33
52 I	Robinson	V50	46.22
68 A	Firth	V40	48.42
82 A	Dugdale	V40	50.48
83 G	Newsham	V50	51.46
91 P	Dugdale	V50	53.18
106 M	Taylor		56.00
115 K	Goss	LV50	63.57

123 finished incl 10 ladies
1 DNF

Clougha Pike 16/06/07
AS 5m 1250ft

1 M	Croasdale - L&M	V40	37.30
75 R	Hirst	V50	59.37
90	finished		

Skiddaw 01/07/07
AM 9m 2700ft

1 A	Greenleaf - 14 AC		1.10.07
64 I	Robinson	V50	1.32.06
98 V	Brodrick	V40	1.43.53
101 K	Ashworth	V40	1.44.56
111 R	Hirst	V50	1.52.53

125 finished
1 DNF

Melantee 07/07/07
AS 3.5m 1500ft

1 A	Smith - Deeside	V40	33.14
15 A	Firth	V40	41.43

46 finished

Saunders Lakeland MM 7-8/07/07

Bowfell Class - 26m 7500ft

1 A Creeber / B Stadden MV 8.56.07
23 H Nicholson / P Parker MV11.59.40

39 finished
7 DNF

Kirkfell Class 25m 7000ft

1 M Sellens / C Sellens 8.12.58
30 M Nutter / R Sharratt MV 9.48.12
77 G Thompson / K Thompson
Mix V 12.24.58

96 finished
5 DNF

Stoodley Pike 10/07/07
AS 3.5m 700ft

1 I	Holmes - Bing	V40	18.10
19 J	Waites - CVFR	1st L	22.28
82 A	Dugdale	V40	26.06
103 M	Taylor		27.25
114 V	Brodrick	V40	27.50
125 J	Rawlinson	LV50	28.11
134 R	Hirst	V50	29.11

177 finished

Wasdale 14/07/07
AL 21m 9000ft

1 R	Lightfoot - Elln'brg		3.45.20
11P	Thompson		4.33.55
14 T	Edward	V40	4.41.49
28 H	Garrett - U/A		
		1st L	5.05.31
31 M	Brady	V40	5.14.43
41 R	Bellaries	V50	5.18.32

55 J	Sharples	V50	5.39.30
56 A	Firth	V40	3.50.17
57 W	Dodds	LV50	5.41.04
69 J	Rusius	V50	5.46.40
70 A	McFarlane		5.46.50

105 finished incl 9 Ladies

Kentmere Horseshoe 15/07/07

AM 11.9m 3300ft

1 B	Bardsley - B'dale		1.30.29
10 D	Nuttall	V40	1.41.13
21 N	White - Bing	1st L	1.46.57
30 N	Hardiman		1.49.29
58 K	Carr	V60	1.54.44
61 B	Horrocks	V40	1.55.15
66 P	Butterworth	V50	1.57.33
81 P	Archer	V40	2.00.25
101 D	Edmondson		2.04.23
120 D	Horrocks	V40	2.08.28
139 S	Bury	V40	2.12.19
140 G	Newsham	V50	2.12.26
143 G	Smith		2.13.00
160 T	Peacock	V60	2.15.40
169 J	Pickup	V50	2.17.17
199 K	Thompson	LV50	2.26.22
217 R	Hirst	V50	2.35.56

245 finished incl 43 Ladies

Blisco Dash 18/07/07

AS 5m 2000ft

1 R	Jebb - Bing		38.29
24 M	Nutter	V40	52.15
28 A	Firth	V40	53.56
39 A	Dugdale	V40	57.11
47 M	Taylor		62.19
63 G	Eccles	V40	68.23
65 P	Dugdale	V50	74.14

67 finished

Widdop 18/07/07

BM 7m 1200ft

1 K	Gray - CVFR		49.26
7 G	Shaw		57.09
8 N	Hardiman		57.24
13 J	Waites - CVFR	1st L	59.05
20 S	Clare	V40	1.00.10
37 G	Barrett	V40	1.04.55
42 J	Pickup	V50	1.06.21
46 A	Kelly	LV40	1.06.41
53 D	McCallum	V50	1.08.24
55 S	Bury	V40	1.08.53
76 M	Tomlinson		1.12.44
83 J	Rawlinson	LV50	1.15.22
91 G	Balmer		1.17.39

98 R	Hirst	V50	1.21.11
104 J	McNab	V50	1.25.38

109 finished including 21 Ladies

Turnslack 21/07/07

AM 8m 2000ft

1 D	Hope - P&B		62.28
7 I	Greenwood	V40	69.35
18 C	Shuttleworth	V40	73.33
20 G	Shaw		73.49
34 N	Worswick		75.35
38 R	Bellaries	V50	76.35
46 P	Browning	V40	78.03
56 J	Pickup	V50	80.16
59 A	Foster	V40	80.47
65 M	Eddleston	V50	84.20
71 D	Bate		85.10
119 D	Thornton	V50	99.44

135 finished

Ingleborough 21/07/07

AM 7m 2000ft

1 L	Taggart - DkPk		46.26
23 N	White - Bing	1st L	56.24
31 C	Balderson	V40	57.09
46 C	Shaw	V40	58.25
53 M	Nutter	V40	59.53
85 A	Orr		64.04
94 A	Firth	V40	64.55
113 A	Dugdale	V40	68.12
139 V	Brodrick	V40	71.26
143 J	Rawlinson	LV50	72.04
144 G	Laycock	V50	72.06
145 M	Taylor		72.08
160 R	Hirst	V50	74.30
183 K	Goss	LV50	84.36

189 finished incl 30 ladies

3 DNF

Coniston Country Fair 22/07/07

AM 6m 2400ft

1 P	Holworth - Horwich		56.29
33 A	Firth	V40	74.22
34 P	Butterworth	V50	74.23
36 G	Smith		74.40
38 A	Howarth	V40	75.12

77 finished

1 Disq

3 DNF

Rydal Round 26/07/07

AM 9m 3000ft

1 J	Davies - B'dale		1.22.00
7 D	Nuttall	V40	1.34.10
24 I	Greenwood	V40	1.34.22
30 J	Holt	V50	1.39.17
36 M	Terry	V40	1.44.28
50 J	Pickup	V50	1.55.56

114 finished
1 DNF

Snowdon 28/07/07
AM 10m 3300ft

1 A	Jones - Salford		1.05.38
35 M	Wilkinson - Bing		
		1st L	1.20.36
198 A	Firth	V40	1.41.31
317 V	Brodrick	V40	1.52.53
335 A	Dugdale	V40	1.55.21
374 M	Taylor		2.00.05
394 K	Goss	LV50	2.03.34

466 finished incl 83 Ladies
4 DNF

Borrowdale Fell Race 04/08/07

AL 15m 5500ft

Shorter adverse weather route missing out Scafell Pike

1 B	Bardsley - B'dale		2.18.29
26 D	Nuttall	V40	2.50.33
27 Paul	Thompson		2.51.28
32 T	Edward	V40	2.55.44
45 C	Balderson	V40	3.01.06
52 S	Taylor - Bing	1st L	3.03.10
55 S	Halliday		3.03.42
57 N	Hardiman		3.04.06
66 S	Whitaker	V40	3.06.25
75 A	McFarlane		3.08.53
89 M	Nutter	V40	3.11.31
99 M	Terry	V40	3.13.43
164 A	Firth	V40	3.28.10
216 W	Dodds	LV50	3.37.06
254 J	Nuttall	V60	3.45.00

410 finished including 40 Ladies
10 retired including 1 lady

Hellifield Gala 04/08/07

BS 3.5m 850ft

1 A	Brownlee - Bing		23.02
15 M	Wilkinson - Bing	1st L	27.31
37 S	Breckell	V50	34.26
51 R	Hirst	V50	37.43
60 K	Goss	LV50	42.18

66 finished incl 12 Ladies

SEPTEMBER FIXTURES

SUN 2ND

5M MT RACE, FALCON INN,LITTLEBOROUGH.11.15AM

TUES 4TH

OSSY MOORS RACE. 6.30PM. PLOUGH INN

THURS 6TH

HADES HILL FR, 6.45PM. 5M/1200'. TAYLOR ST,WHITWORTH

SAT 8TH

HODDER VALLEY SHOW FR, 1.30PM. 5M/1650. DUNSOP BRIDGE

SUN 9TH

PADFIELD SCAMPER FR. 1.15PM. 5.5M/1050'. REC GROUND

BURNSALL FR. NOON. 1.5M/800'.

RYDER RUN MT 5K. 10.30AM, CUERDEN HALL, BAMBER BRIDGE

KIRKHAM 10K. 11AM.BNFL SOCIAL CLUB,LEA LANE, GR476313

TRAFFORD 10K. 9.30AM. PARTINGTON LEISURE CENTRE

ORIENTEERING AT CLOWBRIDGE, NR RAWTENSTALL/BURNLEY. STARTS 10.30-12.30PM

WED 12TH

COWM RES MT 4.2M. RED LION INN, WHITWORTH.7PM

SAT 15TH

LANTERN PIKE FR, 2PM. 5M/1050'. SPRAY HOUSE FARM,LITTLE HAYFIELD.
ILLUMINATIONS 10K, 3PM, HILTON HOTEL,NORTH SHORE, BLACKPOOL
9 EDGES FR. 10AM. 20M/2500'. LADYBOWER RES (GR173894) TO BASLOW.FULL KIT
REQD.(DATE CHANGE FROM 6/10)
3 SHIRES FR. 11AM. 13M/4000'. 3 SHIRES INN,LITTLE LANGDALE

SUN 16TH

5M R/RACE, NOON, PRESTON DOCK,CARREFOUR CLUB
DALEHEAD FR. 2PM. 4.5M/2210'. ROSTHWAITE
EMBSAY FR.NOON. 2.75M/800'
BOGGART CHASE 10K. 11.15AM. THE TRACK, BLACKLEY, MANCHESTER
STAINLAND 7 R/RACE. 10.30AM, RED LION,STAINLAND NR HALIFAX
MILETA 10K, 11AM. PRINCESS MARY STADIUM, CLECKHEATON

WED 19TH

DOWNHILL ROAD MILE.7PM, FALCON INN, LITTLEBOROUGH.STARTS AT
HOLLINGWORTH LAKE.

SAT 22ND

GOOD SHEPHERD CLASSIC FR. 10.30AM. 15M/2000'. GOOD SHEPHERD
CENTRE,MYTHOLMROYD
SCAFELL PIKE FR. 1PM. 4.5M/3000'. WASDALE HEAD
PFO AUTUMN SERIES. CALF HEY RESEVOIR,HASLINGDEN. GR754228.STARTS 10.30-
NOON

SUN 23RD

GARSTANG 1/2 MARATHON. 11AM, SPORTS & SOCIAL CLUB

THURS 27TH

RON HILLS BIRTHDAY 5K. 6.45PM.FALCON INN, LITTLEBOROUGH.

SAT 29TH

THIEVELEY PIKE FR. 3PM. 4.25M/1300'. HOLME CHAPEL IN CLIVIGER
LANCASTER 5K. 6.30PM. SALT AYRE SPORTS CENTRE
PFO AUTUMN SERIES, PEEL PARK,ACCRINGTON GR769293.STARTS 10.30-NOON

SUN 30TH

SWINTON 1/2 MARATHON. 8.30AM.GROSVENOR RD SCHOOL, BARTON
RD,SWINTON,MANCHESTER

SAT OCT 6TH

PFO AUTUMN SERIES, ALKINCOATS PARK,COLNE.STARTS 10.30AM-NOON.