

Position	Name	Club	Time
1	Matthew Lalor	Blackburn Harriers	0.34.25
2	Chris Singleton	Trawden AC	0.34.56
3	Nick Barber	Todmorden Harriers	0.35.10
4	Ian Jackson	Salford	V45* 0.36.11
5	Matt Perry	Clayton-le-Moors H	0.37.08
6	Tom Brewster	Clayton-le-Moors H	0.37.09
7	Allan Dodds	Roundhay Runners	0.37.24
8	Paul Brannigan	Todmorden Harriers	V45 0.37.49
9	Dave Potter	Trawden AC	0.37.53
10	Karl Smith	Accrington RR	V45 0.37.58
11	Graham Morris	Accrington RR	V45 0.38.09
12	Dominic Howell	Unattached	V40* 0.38.25
13	Joanne Nelson	Darwen Dashers	LV40* 0.38.30
14	Paul Gallagher	Accrington RR	V50* 0.38.43
15	Martin Oldfield	Darwen Dashers	V45 0.38.55
16	Chris Halstead	Accrington RR	0.39.26
17	Joseph Waller	Rosendale Harriers	0.39.38
18	Gareth Cooke	Unattached	0.39.39
19	Paul Ellis	Unattached	V40 0.39.44
20	Chris Walton	Accrington RR	L* 0.39.46
21	Glen Goodwin	Accrington RR	V45 0.39.54
22	Edd Mitchell	Unattached	0.40.05
23	Mark Gibson	Horwich RMI Harriers	V45 0.40.11
24	Joe Dooley	Unattached	V45 0.40.16
25	Matt Driver	Unattached	0.40.28
26	Daniel Isherwood	Blackburn RR	0.40.33
27	Evan Cook	Blackburn Harriers	V60* 0.40.36
28	Mike Hodson	Bramhall RR	V40 0.40.38
29	Frazer Durriss	Businesswise Solutions	0.40.58
30	David Birtwistle	Blackburn RR	0.41.03
31	Fred Lynch	Red Rose Runners	V55* 0.41.04
32	Richard Briscoe	Clayton-le-Moors H	0.41.16
33	Mark Wightman	Clayton-le-Moors H	V50 0.41.28
34	Tom Newton	Businesswise Solutions	0.41.32
35	Nicholas Cook	Unattached	0.41.40
36	Allan Hartley	Blackburn Harriers	0.41.40
37	Sinin Maughan	Unattached	V45 0.41.41
38	Pete Kidd	Unattached	0.41.55
39	David Griffiths	Unattached	V55 0.42.01
40	Deborah Gowans	Accrington RR	LV45* 0.42.06
41	Dale Grimshaw	Burnley	0.42.06
42	Lee Ellis	Unattached	0.42.14
43	Duncan Shuttleworth	Unattached	V55 0.42.17
44	Stuart Waterworth	Unattached	0.42.30
45	Fraser Snape	Unattached	V45 0.42.32
46	Stephen Biscomb	Clayton-le-Moors H	V60 0.42.37
47	Mark Etherington	Unattached	0.42.42
48	Tom Cosway	Trawden AC	0.42.45
49	Adrian Blackledge	Unattached	0.42.47
50	Julie Brady	Accrington RR	LV35* 0.42.53
51	David Barnes	Darwen Dashers	V50 0.42.55
52	Sam Waddington	Ribble Valley	0.43.03
53	Al Scott	Businesswise Solutions	0.43.06
54	Andrew Cudworth	Unattached	V40 0.43.13
55	Chris Stanley	Unattached	0.43.17
56	James Osborne	Accrington RR	0.43.20
57	Dan Grundy	Unattached	0.43.35
58	Michael Harper	Todmorden Harriers	V45 0.43.46
59	Stuart Thompson	Bingley Harriers & AC	V65* 0.43.53
60	Victoria Kollard	Unattached	LV40 0.43.59

Position	Name	Club		Time
61	David Moynihan	Hyndburn AC	V45	0.43.59
62	Andrew Bibby	Todmorden Harriers	V60	0.44.05
63	Lesley Fisher	Burnden RR	LV55*	0.44.16
64	Guy Whitmore	Todmorden Harriers	V45	0.44.39
65	Jordon Walker	Unattached		0.44.39
66	Damion Beech	Unattached	V40	0.44.39
67	Paula Pilling	Burnden RR	LV35	0.44.40
68	Damien Fletcher	Accrington RR		0.44.41
69	Steve Melling	Rosendale Harriers	V55	0.44.48
70	Michael Nolan	Blackburn Harriers	V50	0.44.51
71	Sarah Jepson	Unattached	L	0.44.52
72	Justin Barritt	Businesswise Solutions		0.44.52
73	Colin Smith	Trawden AC	V55	0.44.57
74	Paul Thompson	Darwen Dashers		0.44.59
75	Julia Hartley	Accrington RR	LV40	0.45.09
76	Autumn Howard	Trawden AC	L	0.45.17
77	Phil Cook	Unattached	??*	0.45.18
78	Mark McConville	Trawden AC	V40	0.45.20
79	Chris Emmerson	Unattached		0.45.39
80	Antony Spence	Unattached		0.45.48
81	Rob McAfee	Unattached		0.45.49
82	Phil Tung	Businesswise Solutions	V40	0.45.54
83	Peter O'Gorman	Unattached	V50	0.45.56
84	Christina McGuire	Lancaster & Morecambe	LV50*	0.46.06
85	Carol Butterworth	Darwen Dashers	LV45	0.46.07
86	Paula Pilling	Burnden RR	LV35	0.46.08
87	Luke Broderick	Trawden AC		0.46.16
88	Tim Warner	Garstang RC	??	0.46.18
89	Derrick Marsh	Clayton-le-Moors H	V50	0.46.20
90	Lucy Hobbs	Todmorden Harriers	LV40	0.46.31
91	Christopher Lowe	Unattached		0.46.35
92	Mark Byrom	Unattached		0.46.39
93	Brian Wildman	Clayton-le-Moors H	V45	0.46.46
94	Kevin Coughlan	Todmorden Harriers	V50	0.46.49
95	Steven Heyes	Blackburn RR	V40	0.46.52
96	John Falencki	Unattached		0.47.08
97	Nicola Nuttall	Trawden AC	LV40	0.47.09
98	Peter Browning	Clayton-le-Moors H	V55	0.47.12
99	Gareth Parr	Unattached		0.47.14
100	Neil Thomas	Unattached		0.47.16
101	Phil Young	Unattached		0.47.20
102	Irene Roche	Clayton-le-Moors H	LV55	0.47.40
103	John Roche	Clayton-le-Moors H	V55	0.47.42
104	Tracy Ireland	Accrington RR	LV45	0.48.04
105	Margaret Bullock	ADAC	LV45	0.48.06
106	Paul Mills	Unattached	V45	0.48.12
107	Craig Hummer	Unattached	V40	0.48.14
108	David Greenwood	Unattached	V50	0.48.17
109	Julia Eccleston	St.Helens	LV40	0.48.19
110	Kaye Callaghan	Accrington RR	LV40	0.48.20
111	Simon Galloway	Todmorden Harriers	V45	0.48.26
112	Paul Clarke	Unattached	V55	0.48.29
113	Kevin Doherty	Darwen Dashers	V40	0.48.49
114	Ian Clarkson	Blackburn Harriers	V45	0.48.50
115	Ian Gahagan	England Athletics	V55	0.48.55
116	Les Redfearn	Accrington RR	V55	0.49.08
117	Keith Hutton	Unattached	V45	0.49.10
118	Richard O'Sullivan	Todmorden Harriers	V50	0.49.10
119	Beverley Walker	Burnden RR	LV40	0.49.11
120	Leigh Potts	Unattached		0.49.12

Position	Name	Club		Time
121	Julie Coupe	Unattached	??	0.49.27
122	Ryan Baron	Unattached		0.49.29
123	Thomas Battrick	Accrington RR	V55	0.49.31
124	Matthew Brooks	Unattached		0.49.37
125	Paula Taylor	Accrington RR	LV45	0.49.44
126	Kaylie Panaro	Blackburn Harriers	L	0.49.53
127	Nathan Winstanley	Unattached		0.49.55
128	Paula Dixon	Mossley Hill AC	L	0.50.13
129	Wayne Rafferty	Unattached		0.50.40
130	John Hunt	Unattached	V40	0.50.53
131	Katherine Gregson	Accrington RR	LV35	0.50.57
132	Darren Graham	Todmorden Harriers	V45	0.51.03
133	Michael Hodgetts	Unattached		0.51.06
134	Graham Auld	Unattached		0.51.07
135	Eloise Lambert	Unattached	LV35	0.51.13
136	Natasha Newell	Accrington RR	LV40	0.51.15
137	Darren Harrison	Blackburn RR	V45	0.51.16
138	Melanie Whitmore	Todmorden Harriers	LV45	0.51.17
139	Jeremy Cosway	Unattached		0.51.19
140	Neil Critchley	Burnden RR	V45	0.51.32
141	Roger Haythornthwaite	Unattached		0.51.41
142	Ben Scott	Unattached		0.51.48
143	Margaret Keighley	Blackburn RR	LV40	0.51.50
144	Amy Brett	Unattached	L	0.51.52
145	Gary Mills	Unattached	V50	0.51.57
146	Karen O'Kane	Accrington RR	LV45	0.52.04
147	Michael Hoare	Businesswise Solutions	V40	0.52.05
148	Dave Pearson	Burnden RR	V55	0.52.06
149	Elise Milnes	Todmorden Harriers	LV50	0.52.09
150	Karen Byrom	Unattached	LV35	0.52.11
151	Emma Earnshaw	Unattached	LV35	0.52.12
152	Louise Dickinson	Rosendale Harriers	L	0.52.25
153	Allison Grace	Burnden RR	LV40	0.52.33
154	Chris Reid	Businesswise Solutions	V40	0.52.36
155	Laura Hudson	Unattached	LV40	0.52.41
156	Aimie Hamer	Ribble Valley Triathlon	LV35	0.52.44
157	Wayne McIntosh	Trawden AC		0.52.47
158	Helen Wilson	Todmorden Harriers	LV45	0.52.51
159	Louise Abdy	Todmorden Harriers	LV50	0.53.00
160	Andrew Bentley	Unattached	V45	0.53.21
161	Jordan Hill	Unattached		0.53.25
162	Lorna Bowes	Blackburn RR	LV45	0.53.34
163	Yvonne Wickham	Clayton-le-Moors H	LV50	0.53.37
164	John Howorth	Wesham RR	V60	0.53.38
165	Christian Hill	Unattached		0.53.48
166	Catherine Naylor	Unattached	LV35	0.53.57
167	Craig Butler	Clayton-le-Moors H	V40	0.54.07
168	Philip Rycroft	Unattached	V50	0.54.09
169	Helen Knappet	Unattached	L	0.54.10
170	Danielle Etherington	Unattached	LV35	0.54.11
171	Peter Blackledge	Accrington RR	V65	0.54.15
172	Peter Ehrhards	Todmorden Harriers	V65	0.54.19
173	Jennifer Adams	Northern Vets	LV60*	0.54.21
174	Nigel Hanson	Todmorden Harriers	V55	0.54.29
175	Anthony Brown	Unattached		0.54.38
176	Meriel Woodward	Accrington RR	LV40	0.54.43
177	Mark Poulton	Unattached	V45	0.54.45
178	Andrew Threlfall	Unattached		0.54.54
179	Rob Grigorens	Unattached	V45	0.54.55
180	Chris Greenwood	Unattached	V50	0.54.55
181	Mark Hartley	Unattached	V45	0.55.01

Position	Name	Club		Time
182	David Wilson	Todmorden Harriers	V55	0.55.12
183	Phil Keenan	Unattached	V45	0.55.14
184	Deborah Sharif	Unattached	L	0.55.17
185	Julie Wyant	Todmorden Harriers	LV45	0.55.19
186	Richard Lawson	Clayton-le-Moors H	V70*	0.55.29
187	Edward Johnson	Unattached		0.55.30
188	Erin Bolton	Unattached	LV45	0.55.34
189	Karlyn Forrest	Preston Harriers	LV35	0.55.44
190	Mandy Goth	Todmorden Harriers	LV50	0.55.52
191	Paul Snape	Unattached		0.55.55
192	Sarah Bromiley	Unattached	LV35	0.56.26
193	Roger Bromiley	Unattached	V40	0.56.27
194	Kelli Black	Mossley Hill AC	LV35	0.56.32
195	Phil Sumner	Unattached	V45	0.56.37
196	Philip Heyworth	Trawden AC		0.56.40
197	Anna Hollingworth	Unattached	LV35	0.56.46
198	Helen Harrison	Unattached	LV35	0.56.56
199	Ciaran Wells	Unattached		0.57.01
200	Jim Donohue	Accrington RR	V55	0.57.02
201	Michelle Houghton	Blackburn RR	LV45	0.57.06
202	Angela Beech	England Athletics	LV55	0.57.19
203	Howard Blackledge	Unattached	V45	0.57.29
204	Graham Knott	Unattached		0.57.34
205	Luke Hodson	Unattached		0.57.47
206	Shaun Grime	Unattached	V45	0.58.04
207	Suzanne Davies	Trawden AC	L??*	0.58.06
208	Helen Maginn	Unattached	LV45	0.58.09
209	Erica Ripo	Unattached	LV35	0.58.11
210	Claire Pallister	Unattached	LV40	0.58.18
211	Verity Hinchcliffe	Unattached	L	0.58.34
212	Suzanne Sumner	Unattached	LV45	0.58.45
213	Lesley Kaneen	Burnden RR	LV50	0.58.49
214	Terry Swann	Unattached		0.58.52
215	Adrienne Olszewska	Unattached	V40	0.59.13
216	Karen Holland	Unattached	LV40	0.59.19
217	Wendy Buck	Unattached	LV40	0.59.20
218	Daryl Dewhurst	Unattached	V40	0.59.22
219	Julie Otley	Unattached	LV40	0.59.24
220	Barbara Shuttleworth	Unattached	LV55	0.59.39
221	Gordon Rawcliffe	Unattached		0.59.53
222	Rob Scott	Unattached		0.59.54
223	Alison Wolstenholme	Accrington RR	LV45	1.00.01
224	Shaun McAllister	Unattached	V45	1.00.17
225	Jak Speddy	Unattached		1.00.44
226	Alison King	Unattached	L	1.00.46
227	Rainy Morton	Unattached	LV45	1.00.54
228	Lynn Riley	Unattached	LV55	1.00.55
229	Lorraine Morgan	Unattached	LV45	1.00.56
230	Claire Wilby	Unattached	LV40	1.00.56
231	David Hughes	Dreamteam	V55	61.03
232	Jerome Slater	Unattached		61.05
233	Peter Hoyle	Accrington RR	V55	61.29
234	Rachel Kay	Unattached	LV35	61.38
235	Matt Riley	Unattached		61.54
236	Fiona Sugden	Businesswise Solutions	LV35	62.07
237	Claire Hodson	Businesswise Solutions	L	62.08
238	Mandy Beard	Unattached	LV45	62.09
239	Janet Hoyle	Accrington RR	LV55	62.35
240	Graham Milnes	Todmorden Harriers	V55	63.13
241	Russell Hamer	Unattached	V40	63.38

Position	Name	Club	Time	
242	Nina Fedorski	Todmorden Harriers	LV50	63.49
243	David O'Neil	Todmorden Harriers	V50	63.59
244	Louise Oldfield	Darwen Dashers	LV40	64.02
245	Llinos Hughes	Dreamteam	LV35	64.09
246	Jo Maxwell	Unattached	L	64.11
247	Stacey Lloyd	Unattached	LV35	64.15
248	Lynsey Sumner	Unattached	L	64.41
249	Carole Bailey	Unattached	LV35	64.43
250	Valerie Martin	Unattached	LV45	65.44
251	Maddie Page	Unattached	LJ16*	66.14
252	Cindy Hunter	Unattached	LV50	66.3
253	Sarah Legg	Unattached	LV40	67.11
254	Susan Battersby	Unattached	LV50	67.25
255	Dorothy Shorrock	West Pennine AC	LV60	67.27
256	Julie Stirpe	Unattached	LV50	67.38
257	Louise Fearnley-Brown	Unattached	LV45	67.59
258	Louise Yates	Unattached	LV45	68.27
259	Christine Wood	Unattached	LV50	68.29
260	Lauren West	Accrington RR	L	68.36
261	Kirsty Byrne	Accrington RR	L	69.31
262	Rachel Wilcock	Unattached	L	69.32
263	Stuart Thorp	Unattached	V40	69.42
264	Janette Dignan	Unattached	LV50	70.23
265	Mandy Bruncker	Accrington RR	LV40	71.03
266	Zoe Renshaw	Unattached	L	71.29
267	Becky Stokes	Unattached	L	72.27
268	Debby Booth	Unattached	LV45	72.29
269	Angela Kirk	Unattached	LV50	72.31
270	Cheryl McCullough	Unattached	LV45	73.03
271	Senella Manson-Kullir	Unattached	LV50	77.52
272	Leisha Johnston	Unattached	L	77.54
273	Danielle Marton	Unattached	LV35	79.15
274	Sakera Sheth	Unattached	LV35	80.5
275	Katie Brown	Unattached	L	82.55
276	Siroza Ismail	Unattached	LV35	83.31